



## ***Our Friday Speaker***

***June 14, 2024 - 10:30 a.m. At***

***Iroquois Club or via Zoom***

### **Dr. Anar Guru, PT DPT Dean of Health and Human Services, Mott Community College**



### **“Staying STEADI, Fall Risk and Prevention Strategies for Older Adults”**

Dr. Guru obtained her undergraduate degree in Exercise Science from Oakland University in 1999. During that time, she completed advanced practicums in Cardiac Rehabilitation and Wellness for those aged 60 plus.

Advanced and Doctoral Studies were completed at the University of Michigan where Dr. Guru earned her Doctor of Physical Therapy in 2002. Clinical experiences included outpatient and inpatient facilities in Metro Detroit as well as Genesee County.

Dr. Guru has been a Physical Therapist for the Beaumont system, as well as for private practice and corporate PT companies. By 2014, Dr. Guru was a Director, overseeing multiple PT facilities in the North Oakland, Southern Genesee County regions. Additionally, she served as a clinical instructor for the PT and PTA Programs of many local universities. In 2013, Dr. Guru served as a lecturer in the DPT program at the University of Michigan while also remaining in full time clinical practice. In 2014, Dr. Guru became a full-time faculty member and the Director of the Physical Therapist Assistant Program at Mott Community college and trimmed her clinical schedule. In 2022, Dr. Guru transitioned out of teaching and assumed the role of Dean.

***Meeting at the Iroquois Club, 43248 Woodward Avenue, Bloomfield Township***

*North of Square Lake Road. Lunch reservation required by previous Monday.*

***To participate via Zoom, Click on this link:***

**<https://us02web.zoom.us/j/84876805084?pwd=d3U3OGIHT1RleIN2ckpXcnhYTVVQZz09>**

Dial in: 646-558-8656 - Meeting ID: 848 7680 5084 - Passcode: 901373