

The Reminder



March 2024

Senior Men's Club, Birmingham, Michigan



MARCH LUNCHEES AT THE IROQUOIS CLUB

MARCH 1ST

Rolls & Butter
Caesar Salad
Green Beans
Mac N Cheese
Chicken Picatta
Dessert: Brownies

MARCH 8TH

Rolls & Butter
Michigan Maple Salad
Mixed Vegetables
Baked Mostaccioli
Rosemary Chicken
Dessert: Chocolate Chip Cookies



MARCH 15TH – ST. PATRICK'S

Cornbread
Pub "Garden" Salad
Braised Cabbage
Honeyed Carrots
Corned Beef
Dessert: Brownies
Vegetarian: Perogies

MARCH 22ND

Rolls & Butter
Caesar Salad
Mixed Vegetables
Fettuccini Alfredo
Baked Cod
Dessert: Carrot Cake

MARCH 2024 SPEAKERS

Speaker Chairs -Monthly Speaker Chair

March 1, 2024	Denise Strong-Harris, Executive Midwest Director of Correctional Programs, Prison Fellowship <i>From Incarceration to Restoration: Creating Good Citizens Behind Bars</i>
March 8, 2024	Coco Moulder, Executive Director, Pontiac Promise Zone <i>Providing a Promise</i>
March 15, 2024	Mayor Bryan Barnett, Rochester Hills The Write-In Mayor
March 22, 2024	Dave Bennett, Nationally-Renowned Musical Performer <i>From Swing to Rock: A Musical Evolution</i>

CONTENTS

- 1 March Lunches, March Speaker
- 2 The Secret to Happiness by John Millen
- 3 Movie and Investment Group
- 4 Reading Group
- 5 Golf Notes 2024
- 6 Special Events, Music at Meadow Brook, Birthdays
- 7 March 2024 Calendar
- 8 SMC Foundation Update
- 9 Contact Us

Fellowship • Shared Interest • Community Service



Read this article on JohnMillen.com

The Secret to Happiness

By John Millen

As we enter the extended holiday season, here's a good question to ask yourself: What leads to happiness and satisfaction in life?

Is it money? Is it fame? Is it rewarding work?

How we find happiness is a popular question, played out in art, literature and pop psychology. But real, long-lived research is sparse.

There is one notable exception: Harvard University has conducted an adult development study of 724 men for more than 85 years. The study (which tracked men only, a vestige of its 1938 origin) intimately followed the lives of 456 inner-city Boston youth and 268 Harvard Students, including the late President John Kennedy. (The study continues with their 2,200 children, including women.)

The Secret to Happiness

So, then, what is the secret to a happy and satisfying life? Relationships. Not superficial relationships but deeper, connected relationships yield remarkable life-long benefits.

"Good, close relationships predicted not just that they would stay happier, but that they would stay physically healthier, that's the amazing thing," said Psychiatrist Robert Waldinger, the fourth director of the Harvard Study of Adult Development.

In his TED Talk on the study, Waldinger notes that men with closer connections with friends, family and community were healthier, happier and also tended to live longer. They also staved off memory decline, staying sharper longer.

Rich and Famous

In his 2015 talk, Waldinger mentions highlights of a study of millennials, 80% of whom had a major life goal of getting rich and 50% had a goal of becoming famous. He says that is not where life's satisfaction will be found.

Waldinger says people are told to "lean in" to work to find fulfillment. "But over and over, over these 85 years, our study has shown that the people who fared the best were the people who leaned in to relationships, with family, with friends, and with their community."

Interviewed on CBS, Waldinger said that instead of leaning into work, we should be leaning into relationships. "It's not the number of Facebook friends you have, it's the quality and depth of relationships you have."

Waldinger offered several insights on relationship building:

1. Practice focused attention

Waldinger, who is also a Zen teacher, stresses cultivating mindfulness. If you think about it, giving people our full, undivided attention is probably the most valuable thing we have to offer, but it's really hard to do. Attention is always being pulled away and fragmented.

These electronic devices that we're so attached to, are hijacking our attention. We can look at each moment and notice it. Notice whether we are giving our full attention to the important people in our lives; over time, that can really make a difference in those relationships.

2. Protect your sibling relationships

"(In the study) having a close relationship with even one of your siblings made a big difference in your happiness across adulthood," Waldinger said. "Those relationships are some of the earliest training grounds for how we are in relationships with each other."

This might call for renewing your sibling relationships or encouraging your children to find value in their relationships with brothers or sisters.

3. Cultivate long-term relationships

Waldinger says "it's critical to identify and cultivate relationships that become life-long. Simply watch each day, and who you're with and see if you can pay more and more careful attention to the people you're with. Put aside all your preconceptions and just be there with somebody. It makes a huge difference."

Try this now

What three relationships are most important to you?

Rate the quality of those relationships 1 - 10 (10 is best)

If the numbers are lower than you'd like, what small actions can you take to begin improving them today?

Think about spending focused time, putting your phone away in a drawer, scheduling a date or meeting, or making that difficult phone call.

By improving your most important relationships, you'll not only be helping the other person, you may well be saving your life and your happiness.

Just can talk with me by hitting "reply." For business, use the green button below.

Please do me a favor and forward this message to someone who might benefit.

John





CLASSIC MOVIE GROUP

On Monday, March 11th, at 1:00 PM, via Zoom, Joel Adelman will show the 1952 groundbreaking western film HIGH NOON (depicted in theatrical trailers as “the story of a man too proud to run”). With a running time of 1 hour and 25 minutes, and directed by Fred Zinnemann, this outstanding film stars Gary Cooper, the winner of the Academy Award for Best Actor in his leading role as Sheriff Will Kane, who defends a town of cowardly residents by standing alone and facing down a gang of revengeful killers in what many film critics consider the most dramatic and greatest showdown in cinema history. The outstanding cast also includes Grace Kelly, who plays Sheriff Kane’s ungrateful bride, Lloyd Bridges, Thomas Mitchell, Katy Jurado, Otto Kruger, Lon Chaney, Henry Morgan, Jack Elam and Lee Van Cleef.

The film, which is considered among the greatest films of all time by the American Film Institute, won a total of four Academy Awards (including the Award for Best Actor) among them were awards for Best Editing Score and song (“Do Not Forsake Me, Oh My Darling”, written by Dimitri Tiomkin and Ned Washington and sung by Tex Ritter), as well as several Academy Award nominations, including nominations for Best Picture, Best Director and the nomination of writer Carl Forman for Best Screen Play. Forman’s involvement gives the film a certain historical and political significance since he wrote the screen play while in self-imposed exile in the UK not being able to find work in the U S after having been blacklisted by the House Committee on Un-American Activities during the anti-communist mania that swept the country during the 1950s.

Even if you have seen this film before, you will not want to miss an opportunity to see this masterpiece again.

A preview of the movie is now available to watch by pressing the CMG Movie Preview Button on the Club’s Homepage.

So, mark your calendars now and plan to join Joel, and the rest of our Group, on March 11, to watch and enjoy this Classic Western from Hollywood’s golden age.

Please note that the Zoom link for the movie will be at the top of the Scheduled Events eBlast for the week of March 10, which will be published on the morning of Friday March 8.

Looking forward to seeing you on March 11.

– Joel Adelman / March Chairman



Investment Group

Thank you for attending the February January Investment Group meeting. Our knowledge of taxes and the friendly reminder we received to review / update our Wills & Estate Plans were helpful from the Schluter & Hughes group.

Our next meeting we will meet Matt Kives from American Century <https://www.americancentury.com> who will speak to us about Real Estate Investment Trusts and the state of the market. They have a slogan that goes along with our SMC member themes - Let's invest to make a difference in your life and the lives of others. Together we can become a powerful force for good.

As of the Reminder writing, for the Stock Game, John Haber remains in first place with his pick of Oscar Health (OSCR), which is now up 258% since the stock game started in mid-October, 2023. Second place is Jay Hall who has several holdings, lead by Vertiv Holdings (VRT) up 67% and Nivida (NVDA), which is up 64% since mid-October, 2023. Mike Clement has climbed to third place up 80% on the holding of Biohaven (BHAVN). Joe Schulenberg is fourth place up 77% with his Elanco Animal Health (ELAN) holding, and Carl Fischer is in fifth place as he holds Advanced Micro Devices (AMD), which is up 69% since mid-October of last year.

Please call me (248-990-0305) or email (mjk7805@yahoo.com) if you would like to see a full stock game report.

Thanks again for attending the Investment Group in February, and we will see you in person at the Baldwin Library lower level and/ or on zoom March 14th at 2:45pm.

Continued successful investing!





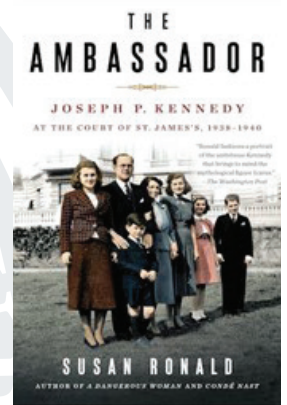
MONDAY AND WEDNESDAY READING GROUPS

In March we will discuss biographies of two men who influenced American history and culture in very different ways. The first is Joseph P. Kennedy, patriarch of the famous Kennedy clan, who many feel was on the wrong side of history. The second is the remarkable story of Frederick Law-Olmstead whose influence is evident throughout our nation today.

Both groups will continue to meet via Zoom. All members are invited to “Zoom in” to our discussions even if they haven’t read the book being discussed. Please let Roger Timm or Bob Maxfield know if you would like to be added to our distribution list.

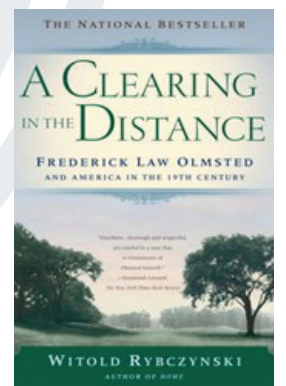
Wednesday, March 6: *The Ambassador: Joseph P. Kennedy at the Court of St. James's 1938-1940* by Susan Ronald (New York: St. Martin's Press, 2021) **This discussion will be led by Fred Freeman**

On February 18, 1938, Joseph P. Kennedy was sworn in as US Ambassador to the Court of St. James. Initially welcomed by the British, in less than two short years Kennedy was loathed by the White House, the State Department and the British Government. Believing firmly that Fascism was the inevitable wave of the future; he consistently misrepresented official US foreign policy. From the *Everand Review*: “Ronald confirms in impressive detail what has long been believed by many: that Kennedy was a Fascist sympathizer and an anti-Semite whose only loyalty was to his family's advancement. She also reveals the ambitions of the Kennedy dynasty during this period abroad, as they sought to enter the world of high society London and establish themselves as America’s first family. Thorough and utterly readable, *The Ambassador* explores a darker side of the Kennedy patriarch.”



Monday, March 18: *A Clearing in the Distance: Frederick Law-Olmstead and America in the Nineteenth Century* by Witold Rybczynski. New York: Scribner, 2000). **Tom Booth will lead this discussion.**

From Amazon: “We know Olmsted through the physical legacy of his stunning landscapes—among them, New York's Central Park, California's Stanford University campus, and Boston's Back Bay Fens. But Olmsted's contemporaries knew a man of even more extraordinarily diverse talents. Born in 1822, he traveled to China on a merchant ship at the age of twenty-one. He cofounded *The Nation* magazine and was an early voice against slavery. He managed California's largest gold mine and, during the Civil War, served as the executive secretary to the United States Sanitary Commission, the precursor of the Red Cross.



From the *Washington Post's* review: “Fascinating throughout, written with engaging grace and informed understanding, this is a life that is truly worthy of its subject.

Golf Notes 2024



Lately we have enjoyed some very off-season warm weather that reminds us that the season will be on us shortly. Until then we will continue stretching our muscles and fine tuning our swings with practice at Evolution Sportsplex (Opdyke Road) on Thursdays between 9:00-11:00 a.m. and lunch follows at Lela's Brunch. And don't forget to join us on March 7th when your swing and grip will be reviewed by golf pro, Brian Huot of Stonycroft Hills Club.

While we enjoy keeping warm in the dome, it's time for us to plan on our golf this spring and summer at Lincoln Hills and Springdale. Golf tee times are open from 7:00 am to 9:00 am; however, our custom is to guarantee the

same tee times during the season by prepaying, at a discount, for the season.

If you want a guaranteed tee time at Lincoln Hills on Monday mornings, then make sure you indicate your selected time on the sign-up sheet or contact Tim McGee, Golf Chairman and remit your check to him endorsed to SMC Golf. The season starts April 22nd!

The prepay cost for the season (16 weeks) has been adjusted as follows:

- Birmingham Season Pass Members - \$180.00 (\$60.00 Savings)
- Non-Members - \$210.00 (\$30.00 Savings)
- Birmingham Season Passes are available for sale at Lincoln Hills

The walk-on weekly fees will remain the same at \$15.00 per day.

If you want a guaranteed tee time at Springdale on Thursday mornings, then make sure you indicate your selected time on the sign-up sheet or contact Tim McGee, Golf Chairman and remit your check to him endorsed to SMC Golf. The season starts April 25th!

The prepay cost for the season (22 weeks) has been adjusted as follows:

- All golfers regardless of holding a Birmingham Season Pass or playing as a guest: \$240.00

The walk-on weekly fees will remain the same at \$15.00 per day.

We have a great season planned for you with the 2-Man Scramble, the 3-Club Tournament, the Annual Grosse Pointe/SMCB Grudge Match, the Stonycroft Hills/SMCB Invitational, added golfing venues at area clubs and the end of season Col. O'Grady USMC Tournament at Selfridge ANG and the 5-Man Team Scramble & Banquet. So hurry up and get your tee times locked in for another great season!



Special Events

- March 6, 2024. Meadowbrook Theater, 2:00 pm (sold out). Those who already paid please pick up tickets on Friday 2/23/24 from John Brice.
- April 30, 2024. Historical Tour Of Detroit - A conducted bus tour from 11 am to 2:30 pm with lunch at Polish Village. More details to follow. Contact: John Brice.
- May 23, 2024. Cherry Blossom Concert at 20 Front Street, Lake Orion. Self-Drive. Ticket \$25. Contact: David Strubler.



MUSIC TO DELIGHT AT MEADOW BROOK

March 6, 2024 Meadowbrook Performance—Save the Date

On March 6, 2024, SMCB will arrange for members and guests to see the Michigan Premier of the new musical, *A Little More Alive*: In this heartfelt and original folk-pop musical, two estranged brothers reunite at their childhood home after their mother's funeral. An unexpected revelation distorts every memory they have, and as they uncover secrets that had been hiding in plain sight their whole lives, Nate and Jeremy find that no one is exempt from the gray area between right and wrong. 2PM performance, tickets \$30, self drive, ticket sales in January.

**A LITTLE
MORE
ALIVE**



Contact John Brice (248-961-0450) for additional details or information".

DATE	NAME	DATE	NAME	DATE	NAME
March 1	Bo Tamarelli	March 11	Malcolm Hendy	March 22	* Tom Shipley Jr
March 2	Tom Stremпка		* Tony Parrottino	March 23	a Dave Buhl
	* Dan Sutter	March 13	Larry Powe	March 24	Richard Stasys
March 4	* Bob Babcock	March 14	a Ray Opezzo		Lynn Stephenson
	* Jon Haber	March 15	* Dr. Clay Gordon	March 26	Mike Korsak
	a Steve Hurley		Bob Williams		Fred Simon
March 6	Dr. Gary Schurman	March 16	* Dr. Clarence Cheff	March 27	Tony Richards
March 7	Vic Chopra		a Dr. Dave Kearney	March 29	John Brus
	a Bob Parker	March 17	John Perryman		Doug Richman
March 8	Jim Zyla	March 19	Ben Wojtas		John Zarek
March 9	* Lynn Evans		* Cliff Worthy	March 31	Rich Schreck
	a Dr. Myron LaBan	March 21	Roy Nesler		* Bill Straith
March 10	Doug Allen		Bill Risk		
	Frank Mei		Ray Skrzyniarz		
	Bruce Snyder				
	Bob Veres				

MARCH 2024 CALENDER -AT A GLANCE



MAR 2024 Calendar at a Glance as of: Saturday, February 24, 2024

Week 1	Date	Time	Group	Location or via Zoom	Contact	Phone Number
Friday	Mar 1	10:30 AM	Weekly Friday Mtg	Iroquois Club + Zoom	John Rusche	(248) 219-8114
Friday	Mar 1	1:30 PM	Bridge Group	Baldwin Lib - Jeanne Lloyd Room	Kirby Callum	(248) 646-5938
Week 2						
Monday	Mar 4	9:30 AM	Bowling	Escape Lanes, Troy	Dennis Winowiecki	(248) 722-6626
First Monday	Mar 4	2:00 PM	Genealogy Group	Baldwin Lib - Jeanne Lloyd Room	John Maten (acting)	(248) 251-9339
Tuesday	Mar 5	8:15 AM	Walking Group	Somerset North	Wei Feng	(248) 935-0426
Tuesday	Mar 5	CANCELED	Cycle For Life (Spinning)	Bev. Hills Club, Southfield Rd	Joe Schulenberg	(248) 885-6194
First Tuesday	Mar 5	10:00 AM	Special Events Committee	Zoom	Ras Desai	(248) 722-4411
Wednesday	Mar 6	1:00 PM	Pickleball	UWM Sports Complex, 867 South Blvd, Pontiac	Dave Anderson	(248) 408-8096
First Wednesday	Mar 6	10:30 AM	Readers Group B	Zoom	Roger Timm	(248) 644-4050
Wednesday	Mar 6	2:00 PM	Special Event-"A Little More Alive"	Meadowbrook Theatre- Self Drive	Ras Desai	(248) 722-4411
Thursday	Mar 7	8:15 AM	Walking Group	Somerset North	Charlie Blank	(248) 390-8208
Thursday	Mar 7	9:00 AM	Golfing-Indoor Bubble/Dome	Evolution Sportsplex, Aub Hills \$20 at the door	Tim McGee	(248) 643-0971
Friday	Mar 8	10:30 AM	Weekly Friday Mtg	Iroquois Club + Zoom	John Rusche	(248) 219-8114
Friday	Mar 8	1:30 PM	Bridge Group	Baldwin Lib - Jeanne Lloyd Room	Kirby Callum	(248) 646-5938
Week 3						
Monday	Mar 11	9:30 AM	Bowling	Escape Lanes, Troy	Dennis Winowiecki	(248) 722-6626
Second Monday	Mar 11	1:00 PM	Classic Movie Group	Zoom	Fred Hansz	(248) 559-3105
Tuesday	Mar 12	8:15 AM	Walking Group	Somerset North	Wei Feng	(248) 935-0426
Second Tuesday	Mar 12	10:00 AM	Board of Directors	Baldwin Lib - Jeanne Lloyd Room	John R Maten	(248) 251-9339
Tuesday	Mar 12	11:30 AM	Visitation/Health Committee	Baldwin Lib - Jeanne Lloyd Room	John Paesano	(248) 931-4036
Tuesday	Mar 12	CANCELED	Cycle For Life (Spinning)	Bev. Hills Club, Southfield Rd	Joe Schulenberg	(248) 885-6194
Wednesday	Mar 13	1:00 PM	Pickleball	UWM Sports Complex, 867 South Blvd, Pontiac	Dave Anderson	(248) 408-8096
Second Wednesday	Mar 13	7:00 PM	CPR/AED Refresher Must Pre-Register	Birmingham Fire Station- Adams Rd/248-530-1906	David Dinger	(248) 310-4583
Thursday	Mar 14	8:15 AM	Walking Group	Somerset North	Charlie Blank	(248) 390-8208
Thursday	Mar 14	9:00 AM	Golfing-Indoor Bubble/Dome	Evolution Sportsplex, Aub Hills \$20 at the door	Tim McGee	(248) 643-0971
Second Thursday	Mar 14	2:45 PM	Investment Group	Baldwin Lib - Jeanne Lloyd Room	Mike Korsak	(248) 990-0305
Friday	Mar 15	10:30 AM	Weekly Friday Mtg	Iroquois Club + Zoom	John Rusche	(248) 219-8114
Friday	Mar 15	1:30 PM	Bridge Group	Baldwin Lib - Jeanne Lloyd Room	Kirby Callum	(248) 646-5938
Third Friday	Mar 15	5:00 PM	REMINDER Submission Deadline	smcbreminder@gmail.com	Maynard Timm	(248) 303-5490
Week 4						
Monday	Mar 18	9:30 AM	Bowling	Escape Lanes, Troy	Dennis Winowiecki	(248) 722-6626
Third Monday	Mar 18	10:30 AM	SCORE Mentor Group/Comm. Engrm	Baldwin Lib - Jeanne Lloyd Room + Zoom	David Strubler	(248) 221-8915
Third Monday	Mar 18	3:00 PM	Readers Group A	Zoom	Bob Maxfield	(248) 481-9791
Tuesday	Mar 19	8:15 AM	Walking Group	Somerset North	Wei Feng	(248) 935-0426
Tuesday	Mar 19	CANCELED	Cycle For Life (Spinning)	Bev. Hills Club, Southfield Rd	Joe Schulenberg	(248) 885-6194
Wednesday	Mar 20	1:00 PM	Pickleball	UWM Sports Complex, 867 South Blvd, Pontiac	Dave Anderson	(248) 408-8096
Thursday	Mar 21	8:15 AM	Walking Group	Somerset North	Charlie Blank	(248) 390-8208
Thursday	Mar 21	9:00 AM	Golfing-Indoor Bubble/Dome	Evolution Sportsplex, Aub Hills \$20 at the door	Tim McGee	(248) 643-0971
Third Thursday	Mar 21	3:00 PM	Camera Group	Baldwin Lib - Delos Bd. Rm + Zoom	Jay Hall	(248) 644-1455
Friday	Mar 22	10:30 AM	Weekly Friday Mtg	Iroquois Club + Zoom	John Rusche	(248) 219-8114
Friday	Mar 22	1:30 PM	Bridge Group	Baldwin Lib - Jeanne Lloyd Room	Kirby Callum	(248) 646-5938
Week 5						
Monday	Mar 25	9:30 AM	Bowling	Escape Lanes, Troy	Dennis Winowiecki	(248) 722-6626
Tuesday	Mar 26	8:15 AM	Walking Group	Somerset North	Wei Feng	(248) 935-0426
Tuesday	Mar 26	CANCELED	Cycle For Life (Spinning)	Bev. Hills Club, Southfield Rd	Joe Schulenberg	(248) 885-6194
Wednesday	Mar 27	1:00 PM	Pickleball	UWM Sports Complex, 867 South Blvd, Pontiac	Dave Anderson	(248) 408-8096
Thursday	Mar 28	8:15 AM	Walking Group	Somerset North	Charlie Blank	(248) 390-8208
Thursday	Mar 28	9:00 AM	Golfing-Indoor Bubble/Dome	Evolution Sportsplex, Aub Hills \$20 at the door	Tim McGee	(248) 643-0971
Friday	Mar 29		Weekly Friday Mtg	GOOD FRIDAY- No Meeting	John Rusche	(248) 219-8114
Friday	Mar 29		Bridge Group	GOOD FRIDAY- No Meeting	Kirby Callum	(248) 646-5938

Note: Due to potential fluctuation in venue availability (staffing or operating hours) or schedule, revisions to this calendar are possible. Please watch your email and www.seniormensclub.com for updates or potential cancellations.



Senior Men's Club Foundation Update:

Thank you for making 2023 the most successful year ever for the Senior Men's Club Foundation. The Foundation is most gratified that 129 men participated versus 68 in 2022. We look forward to even greater participation in 2024.

Recently, a grant was given to the Men's Health Foundation. The Michigan Health Foundation shared this feedback from a recipient . . . *"I told him about the Senior Men's Club Foundation grant which is funding his support. He was overwhelmed with gratitude and said you (Senior Men) are changing his life"*.

Please share your thoughts on how the Foundation can best serve our community with Dick Bradley at 248-390-5559, bradleysai@comcast.net or Jim Fleck at 704-576-8832, jamesfleck@comcast.net.

Below are Officers and Directors elected at the SMC Foundation Board Meeting on January 23, 2024. Please congratulate these men and offer your support.

Board Members - Senior Men's Club Foundation

R. O. 'Rich' McGee



Member – 07/12/2019

Mike Korsak



Member – 06/18/2021

John P. Rusche



Member – 10/22/2021

Maynard L. Timm



Member – 10/23/2015

James M. 'Jim' Fleck



Member – 03/24/2023

Officers - Senior Men's Club Foundation

President



C. R. 'Dick' Bradley

Member – 03/02/2012

Vice President



Jay N. Kafarski

Member – 06/02/2013

Treasurer



Gary P. Melekian

Member – 08/21/2020

Secretary



Mickael F. 'Mike' Bica

Member – 12/02/2022



The Senior Men's Club Foundation is a registered 501 (c) 3 non-profit organization and donations are tax-deductible to the full extent of the law. Please consult your tax advisor regarding specific question about your deductions. Federal Tax ID # 85-0640124

T r a d i t i o n o f E x c e l l e n c e





The Reminder

A monthly publication of the Senior Men's Club, which meets Friday at 10:30 AM at the Iroquois Club* in Bloomfield Hills.

Officers for 2024 are:

- President, John Maten;
- First Vice President, Ray Buratto;
- Second Vice President, John Rusche;
- Recording Secretary, Jim Hayes;
- Corresponding Secretary, Bo Tamarelli;
- Treasurer, Rich McGee;
- Assistant Treasurer, George Dilgard

THE REMINDER Team:

- Tom Dahlem, Publisher;
- Maynard Timm, Co-Editor
- Tim McGee, Co-Editor
- Tom Dahlem & Tom Booth, Photography.

**The Iroquois Club is located on the east side of Woodward Avenue, just north of Square Lake Road in Bloomfield Hills. The meeting is also accessible via ZOOM for those not able to attend in person.*

CONTACT US

The Senior Men's Club mailing address for general Club or SMC

Foundation correspondence is:

**Senior Men's Club
P.O. Box 1149
Birmingham, MI 48012-1149**

All mail should be sent to the above address

The Club may also be contacted via email at:

seniormensclub@gmail.com

Visit SMC at:
www.seniormensclub.com