

The Reminder



July 2018

Senior Men's Club of Birmingham, Michigan

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Doctor, Veteran and Civil War Reenactor – Dave Dinger Brings His Life's Experiences and Work Ethic to the Senior Men's Club



Born in Flint, Michigan, Dave lived a few years in Grand Blanc before his family moved to Waterbury, Connecticut, where his father was General Secretary of local YMCAs. Dave's love for the state of Michigan and his quest for knowledge led him to Albion College where he met his wife, Sue. They married as seniors before Dave headed to the University of Michigan Medical School. He completed his Residency in Pediatrics at St. Joseph Mercy Hospital in Pontiac. Dave joined the Navy as an officer and staff pediatrician stationed at the Naval Hospital in Charleston, South Carolina. He became Board Certified in the American Board of Pediatrics and was elected Diplomate American Academy of Pediatrics. Upon relocating to the Pontiac/Waterford area he joined a private pediatric practice in 1967 and continued until his retirement in 1999.

Now retired, Dave is an avid reader of Civil War history and is a reenactor with Battery D 1st Michigan Light Artillery. He enjoys the camaraderie of his fellow Battery mates and other re-enactors. This "living history" as Dave calls it, in realistic surroundings, brings Dave joy. In 2014, Dave was in a "battle" at historic Charlton Park in Hastings, Michigan, when his gun was captured by the opposing Confederate Cavalry. Since that momentary lapse, he has kept up his guard! Dave is currently Commander of the Harold A. Furlong American Legion Post #339 in Bloomfield Hills.

Dave's wife Sue, an energetic gardener, volunteered for years to beautify the grounds of The Community House. During this time, she prodded Dave to investigate the "group of fine fellows" she knew of who met at TCH. Dave became an "applicant" in 2001 and a "full member" in 2004.

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JULY PROGRAMS

JULY CHAIRMAN: Malcolm Hendy

- 6 NO MEETING
- 13 Tim P. Page, M.D. - Oakland Ophthalmic Surgery *Stories from a Volunteer Eye Surgeon*
- 20 Gus Mondalek - International Affairs Expert..... *Hezbollah in the Americas*
- 27 Lawrence J. Burns, President & CEO, Children's Hospital of Michigan Foundation.....*A Foundation on the Move*

JULY DISCUSSION GROUP

JULY CHAIRMAN: Paul Lieberman

- 13 Paul Lieberman, SMC Member *What Unusual Life Event Changed Your Life?*

New Members:



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 7301 Creek View Circle
 West Bloomfield, MI 48322
 248-877-3429
 EMCoyle33@yahoo.com
 Sponsor: Pete Kass



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 Sponsor: Sven Anden



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 Sponsor: Sven Anden



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 Sponsor: Bob Stevenson



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 Sponsor: Jack Porter

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Groups



Investment Group

Bill Halbert won first place in the SMC Stock Game with a record 153.5% gain. Dave Ladd finished second with a 70.7% gain, and George Miller placed third with a 69.1% gain. Jerry Peck, Ed Biskup, and Bob Klein followed closely behind. Bill won \$265 first place money and \$25 for the best stock--Madrigal Pharma, which was up 425%. 48 of the 75 entrants had gains averaging 12.2%. In contrast, the S&P gained only 6%. Smart group! Get in the game!

The next Investment Group Meeting will be Wednesday, September 12, and the new Stock Game will start on October 12. Remember that fear, greed, homework, and timing are successful investment essentials. Enjoy a profitable summer.

—George Miller



Classic Movie Group

On Monday, July 9, at 1:00PM, Ralph Schick will present one of his favorite films, "Runaway Train" (1985), starring Jon Voight, Eric Roberts and Rebecca DeMornay. In this existential action movie, two criminals escape from prison and hide out on a train that is roaring through Alaska without an engineer. Tough and rough, with hair-raising action footage, along with superb acting, makes this film one that you will not soon forget. If you love great action movies with outstanding performances, then this film is for you. Please plan to attend with family and friends to enjoy this outstanding classic film on our ten foot screen along with plenty of fresh popcorn.



—Fred Hansz



Camera Group

No meeting in July.

—Bob Frank



Reading Groups

On Wednesday, July 11 we will discuss "The Zookeepers Wife" by Diane Ackerman. Ackerman tells the remarkable true story of Antonina and Jan Zabinski, the zookeepers at the Warsaw Zoo, during World War II. The Zabinskis exhibit courage and ingenuity to shelter 300 Jews and Polish resisters from the Nazis in their villa, in unused sheds, and in animal cages. The author uses Antonina's diaries, other contemporary sources, and her research to write a beautifully crafted and vividly descriptive account engaging the reader in the lives of the zoo animals, their keepers, and their hidden visitors. Tom Booth will lead the discussion.

On Monday, July 16 we will discuss "Leonardo Da Vinci" by Walter Isaacson. *The New Yorker* exclaims Isaacson's book is "A powerful story of an exhilarating mind and life...a study in creativity: how to define it, how to achieve it." Isaacson weaves a narrative that connects Leonardo's art to his science and shows how his genius was based on skills we can improve in ourselves, such as passionate curiosity, careful observation, and imagination so playful that it flirted with fantasy. Isaacson's captivating and detailed account is well documented, based on Leonardo's amazing notebooks he kept plus a wide variety of other historical sources. Larry Imerman will lead the discussion.

—Frank Snower



Genealogy Group

There will not be a meeting this July for the Genealogy Group as it conflicts with the 4th of July Holiday.

—Dave Bakos



Computer Group

The Computer Group will be on vacation for the months of July and August. Have a great summer and see you in the fall!

—Tom Allen



Notes from the President



Gentlemen ...

Summer is a great time to be a member of the Senior Men's Club!

Board Meeting – June 12 – Usually the meeting lasts for 60-90 minutes. The Board consists of club officers and committee chairs. As with any Board, the goal is to be good ‘stewards’ and provide current and future direction for our club. All members are welcome. We address current issues such as finances, attendance, membership, dues, upcoming events, etc. New business items such as improving our lunch, developing a publication of personal experiences by club members who are Vietnam Veteran’s, a community outreach led by Tim McGee to showcase our club at Birmingham concerts, etc. were addressed. If you were to attend, you would be impressed by the talent and commitment of your board members.

Why is staying for lunch a good thing! Many members choose not to stay for lunch for good reasons. They have other commitments, and/or the lunch being served at The Community House is not to their taste. They have my respect. However, I appeal to them. A core value and strength of our club is ‘fellowship.’ Our club is **strong** because of fellowship. Lunch is an opportunity to respect, learn, discuss and laugh. These are men who are your friends! When you/we pass on lunch, we lose this special time to enjoy each other. **We welcome you!**

The Reminder – This fall, The Reminder will celebrate 50 years of publication. Special thanks to those who have contributed to its publication especially Dick Harper these last ten years and now Maynard Timm and Jay Kafarski. Look for a special Fall edition which will salute the rich history of the Reminder and our club.

Annual Giving Initiative to support TCH – Ending May we are at 41% of our goal. A solicitation letter will be sent to members who have not given next week. This is such an important task for our club. The Community House has been our home for these 61 years. The ‘street value’ of what we will receive in benefit from The Community House this year is \$250,000. Our target to give back through the Annual Giving Initiative is \$85,000. Many thanks to those who have already given. I am so impressed by your generosity!

Dick Bradley, President

July 2018

BASEBALL

8:15 AM
BUS
LEAVES
10:20
GAME
TICKETS
INCLUDES
• BUS
• WATER
• SNACKS
AT
REAL
SEAFOOD
ON THE
PARKING
TRUCK!

\$55

PER PERSON !!

TOLEDO MUD HENS
VS.
CHARLOTTE KNIGHTS

WED.
MAY 16



5/16/2018 - SMCB - Toledo Mud Hens - Tim McGee & Tom Booth | SMCB - Toledo Mud Hens - Tony DiMarro & Jim King

New Life Members

First Vice President Tim McGee recently inducted three club members to much-respected Life Member status.

JIM FEITEN was born and raised in Detroit, attended St. Mary's of Redford grade and high schools. He graduated from the General Motors Institute with a Mechanical Engineering degree, and spent his entire 42-year career with GM, the first 20 years with GM Research Laboratories, followed by 22 years with the GM Environmental staff. He is a life member of the Society of Automotive Engineers. Jim retired in 1995 and joined the SMC. During retirement, Jim has volunteered at the Chrysler Museum and for the Detroit Institute of Ophthalmology. He married his high school sweetheart, Marilyn and they have lived in Birmingham for 58 years – a union which has produced four children, ten grandchildren, and two great-grandchildren. Congratulations, Jim and welcome to SMC Life Membership.

TONY PARROTTINO was born in Cleveland, Ohio and attended grade and high school there. In 1952, Fisher Body sponsored Tony to attend the General Motors Institute in Flint, but he was drafted into the Army during his second year and served nearly two years. He returned to GMI and graduated with a BME degree, working at Fisher Body in his hometown. His GM career included time with Buick in Flint, in Belgium as Director of Quality for GM Continental, then back to Detroit for assignments with GM Engineering and Cadillac Motor Car. Tony retired from GM after 38 years, moving to ICM Ltd. as VP Quality. He met Veronica at GMI in Flint – a union of 59 years with four children and ten grandchildren. He is a woodworker, hunts, golfs, and likes to watch his grandsons play hockey. He enjoys the camaraderie and the many activities in the SMC. Congratulations as a Life Member, Tony!

CHUCK THOREN was our third Life Member honoree. He was born in Janesville, Wisconsin, but moved with his family to Bronxville, N.Y. where he attended school, then to Trinity College, majoring in history. After two years of Army service, Chuck joined Sinclair Oil while attending Hofstra University for an accounting degree. He then moved to Michigan and a commercial real estate position with Ford Motor Company, spending 27 years in dealership facility planning. He is a licensed broker and an appraiser in Michigan. Chuck has been married to Ellie for 60 years, with two children and three grandchildren. He attends classes at Wayne State and has served for 20 years on the Birmingham Planning Board. With the SMC, he golfs, enjoys Friday meetings and participates in our special events – especially the auto show trip. Welcome to Life Membership, Chuck!

—Tim McGee and Dick Harper



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Membership News

Resigned:

Nandalal Bagchi

Michael F. Juras

Earl M. Page

Martin I. Reisig

Associate John M. Houghton

Associate Arthur Melkonian

Associate Michael F. O'Shaughnessey

To Life Member:

Charles E. Tholen

Deaths:

Daniel M. DeBoer, joined July, 2011

John G. Howell, (Life), joined October, 2006

John H. Stunz, (Life), joined January, 2006

Reinstated:

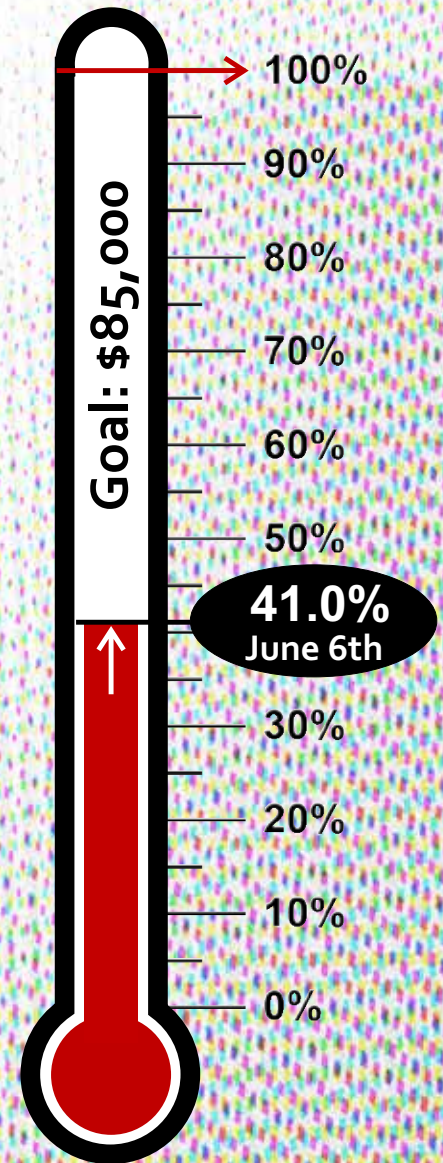
Nandalal Bagchi

We Support The Community House - Our Home for 61 Years!

2018 SMC & TCH ANNUAL GIVING INITIATIVE

President's Circle >>\$2,500	Norman Hofley, Roger Timm
Champion \$1,000 - \$2,499	Charles Bradley, Guilford Forbes, Richard Harper, Eugene Jacoby, Bhimsen Rao, Lloyd Reuss, Robert Sparks, Thomas Varbedian
High Honors \$500 - \$999	James Bayson, Alfred Bosley, David Dinger, John Horiszny, Richard Judy, Richard Judy, Peter Kass, James King, Lionel Lessenthien, John McLaughlin, Thomas Shipley, Robert Siewert, James Slosberg, Clifford Snedeker, John Steele, Maynard Timm, Thomas Waffan
Honor Role \$250 - \$499	Anonymous, Joel Adelman, Roy Albert, David Bakos, Ralph Cowie, Ronald Denton, Donald Foehr, Robert Frank, Paul Gold, Dennis Herrick, Robert Kenning, Gerd Keuffel, Paul Kovceses, Paul Lieberman, C. Robert Maxfield, Alexander McKeen, Robert Munn, Donald Overy, Irvin Poston, John Reddy, Bruce Smiley, Gerald Stribbell, Ronald Turner, David Underdown, David Zimmer
Supporter <\$250	Anonymous 2, Anonymous 3, Anonymous 4, Gordon Allardyce, George Benko, Anant Bhogaonker, Donald Breen, David Brown, Charles Bruggemann, Philip Buccini, Thomas Buescher, Joseph Buese, David Buhl, James Burnie, Ralph Carolin, Glenn Carpenter, Robert Chrysler, Paul Cicchini, James Cleary, A. Michel Clement, William Corba, John Corey, Thomas December, Edwin Demerly, Walter Denison, George Dilgard, John Dueweke, Maurice Elvekrog, Thomas Ernst, Carl Fischer, Nicholas Fontana, Michael Frank, Raymond Froling, Albert Gladne, Sidney Goldstein, Peter Good, Henry Goodwin, Clayton Gordon, Dana Gulick, Frederick Hagen, Jack Harned, Dennis Harrington, Robert Hayes, James Holden, Richard Kamp, Mark Kelly, Robert Klein, Thomas Knasel, Frederick Kneisler, Wenzel Koch, Longin Kolakowski, Roger Krieger, Dieter Ksoll, James Labes, David Ladd, Maurice Lefford, Jacob Jay Lorber, Kenneth Madigan, John Mahoney, Stuart Main, John McCleary, Robert McDonald, Charles Melekian, Herbert Meyer, Paul Miller, Michael Monahan, Norman Morrell, Richard Moxley, Ralph Muenchhausen, David Muir, Charles Murray, Charles O'Connell, Francis Pallischeck, Anthony Parrottino, R. Tyler Perkins, Robert Pliska, Roger Pryor, Gerald Radloff, Swarn Rajpal, David Randall, Robert Rauth, John Ray, Allan Reynolds, Gino Salciccioli, Frank Schmid, James Schmidt, Wendell Schultz, Theodore Schuster, Thomas Sellers, Joel Shavell, Fredrick Simon, John Slocum, Robert F. Smith, Robert H. Smith, Charles Tholen, Bruce Thomas, Richard Thomas, Thomas Thoresen, Charles Travers, Robert Veres, John Villa, Verlin Warnock, James Whitledge, Gary Williams, David Wind, Amos Winsand, James Zyla

We need your help!



THE
COMMUNITY HOUSE
BIRMINGHAM

Special Events

Experience Detroit's Eastern Market

It is the largest and oldest farmers market in the nation and a hub for Michigan's food industry with its farmer vendors, retailers, and wholesalers. We will visit the Eastern Market on Tuesday, August 14. Available for your purchase will be the cornucopia of late summer fresh-from-the-farm produce. Stores nearby offer unique food items.

After your shopping expedition, you may either take a self-guided walking tour of the Market's famous murals or share a behind-the-scenes look at the Market's many activities and programs. We will then meet together for lunch at Amore da Roma, a restaurant owned by the employees from the famous Roma Cafe.

In the afternoon, we will visit Recovery Park Farm, an urban farming operation minutes from the Market where vegetables and edible flowers are grown for leading Detroit restaurants and for produce distributors at the Market. Our drive back to Birmingham will pass many historical landmarks and the many new buildings which mark Detroit revitalization.

The price is \$30 per person, which does not include lunch. Space is limited due to the restricted space at some of the venues visited. Those interested must act quickly! Tickets will only be available July 13, 20, or 27. If you will not be attending a Friday morning meeting during July and wish to purchase a ticket, contact Larry Imerman at 248-760-4966 or Tony DiMarco at 248-643-7368.

Downriver & River Rouge Heritage Cruise

On Tuesday, July 24 our "Downriver & River Rouge Heritage Cruise" will showcase some less familiar aspects of our great waterways. The Diamond-Queen will depart Rivard Street Dock at 11:00AM.

In addition to enjoying an ample on-board buffet lunch, we will also get a detailed narration of the route that will deepen appreciation of Detroit's and especially Ford's history, as we pass historic bridges, docks, and buildings in and around the vast Rouge-Complex. We may also see preparations for the new Gordie Howe Bridge foundations.

Ticket sales start June 15, priced \$50. Don't forget to bring sun protection and binoculars!

—Martin Rowell

Volunteer Opportunity In the Park Summer Concerts

Birmingham's In the Park Concert series takes place in the beautiful Shain Park each summer. The free concert series offers an opportunity to sit among the trees while enjoying beautiful music on warm summer evenings. Concerts span a diverse range of genres appealing to all ages. Bring your entire family along for an unforgettable summer evening tradition!

All concerts start at 7:00PM on Wednesday's unless noted differently. The SMCB will have a table that we will show some of our Special Events posters and hand out the tri-fold literature on the club. We will be there to answer questions about the SMCB and garner interest in new memberships.

We will need 2-3 members at every event and will set-up around 6:00PM...the concert starts at 7:00PM and we will man the table until the band's first break at approximately 7:45PM.

Please review the dates below and let Tim McGee know which dates you can offer help on.

June 27

Steve Acho (Pop/Rock)

July 11

Jill Jack (Folk)

Special afternoon performance, 12:00-2:00PM

July 11

Mainstreet Soul (Variety)

July 18

Magic Bus (Psychedelic Music, 60's & 70's)

July 25

The Invasion (Beatles)

August 1

The Blue Cat (Blues, Rock, & Contemporary)

Special afternoon performance, 12:00-2:00PM

August 1

Gia Warner & Bobby Lewis (Rock Classics)

August 8

Surreal Humdinger (Classic Rock)

August 15

Joey Vee (Country)

—Tim McGee

Games

Golf Notes

After a slow start due to weather and course embellishments at Springdale, the Senior Men's Club Golf Season is in full swing. If you haven't felt the urge to dust off the clubs, now would be a good time to join us any Monday at Lincoln Hills or Thursday at Springdale. Springdale has all new bridges and watch out for the new fairway trap on Hole #2.

The Golf Committee has many planned events for the year starting with Monday, June 25 at Lincoln Hills for the "2-Man Scramble". The results will be posted in the September *Reminder*.

Starting July 12 and continuing for 3 weeks, we will be challenged with the "Best 2 Consecutive of 3 Rounds" at Springdale, and the "3 Club Tournament" returns on August 9. Look to Tom Schrift and Tim McGee for the registrations.

The Annual Grosse Pointe vs. Senior Men's Club Grudge Match has been canceled as the Pointers couldn't field a team of 18 golfers...I guess that goes down in the annals as a forfeit!

—Tim McGee

Senior Health Matters Exercise Can Boost Cognition in Older Adults

Exercising for 78 hours over a six-month period (1 hour three times a week) may be optimal for improvement in cognitive function in the elderly. A study from the University of Miami of over 11,000 persons, published recently in *Neurology: Clinical Practice*, provided evidence that you can turn back the clock of aging in your brain by adopting a regular exercise regimen that was high (37.8%) or moderate intensity (36.7%). It was not window shopping or a stroll in the park but physical exercise like walking, biking, dancing, strength training, tai chi, and yoga. The components of cognition most amenable to exercise were executive function and processing speed. Executive function has to do with managing oneself and one's resources to achieve a certain goal. Processing speed is the time it takes for a person to understand and react to information they receive.

—Augustine L. Perrotta, DO

Update from the Medical Emergency Preparedness Team

Larry Imerman led the effort that resulted in Beaumont Hospital's Trauma Team to develop a training course in "Stop the Bleed" for the SMC. Some 40 of our members were part of that March 24, 2018 training class, the first given in this community. The SMC has since purchased a Stop the Bleed Kit which contains a tourniquet and material for pressure dressings. It is located in the cabinet with other emergency equipment at the front desk of TCH. We thank Paul Lieberman for his donation of a CPR Resuscitation Mask and a supply of one use disposable resuscitation barriers which are also housed with the emergency equipment.

We are continuing to coordinate certification/re-certification of CPR/AED training with the Birmingham Fire Department for our members. Since January, three new members, Harry Sorensen, Mike Wisok and John Brice have been added to the Team. The next CPR/AED training dates will be July 28 and October 27. Please see me for information and to get on the schedule.

—Dave Dinger

...continued from page 1

Dave Dinger

Dave is proud of his involvement with the SMCB and has been active in several groups. He has Chaired the Associates Committee and the Attendance Committee and is Vice Chair of the Visitation and Health Committee. Dave is the current Chairman of the Medical Emergency Preparedness Team and Sergeant-at-Arms Committee. As part of Dave's Emergency Preparedness Awareness, he has been instrumental in arranging CPR Certification for over sixty Club members. In addition, he has assisted with bringing Beaumont's "Stop the Bleed" training program to more than forty of our members. He also has secured permission from the Club's Executive Board to purchase a Stop the Bleed Trauma Kit to be housed within TCH.

During our Club patriotic events, Dave is a member of the Color Guard.

Dave and Sue have been 60 years, enjoy three children and six grandchildren and have lived in Bloomfield Township for over 50 years. Thank you, Dave for your commitment to the SMCB.

—Paul Kovceses

Mystery Lyrics

We had more luck with last month's mystery lyric challenge. No fewer than seven readers recognized that these lines:



*"Though she has them all on the run
Her heart belongs to just one"*

were from the Helen O'Connell hit "Tangerine". Congratulations to Faith Corey (first time), Fred Leydorf, John Dueweke, Tom and Rose Marie Venier, Roger Timm, Clay Gordon and Tom McNally. In addition, Roger and Clay remembered that Helen's singing partner on this hit was Bob Eberly.

This month we have a romantic ballad for you with lots of great lyrics, including these lines:

*"Like a summer with a thousand July's
You intoxicate my soul with your eyes"*

Can you name that tune? – recorded by many including Sinatra and Billie Holiday.

Sports Trivia

As we expected the June sports trivia challenge was rather easy. Asking you which major league team was (is) known as the Pale Hose produced a lot of correct answers with several readers using the word "obvious" in naming the Chicago White Sox. Among those responding were John Dueweke, Roger Timm, Jerry Andree, Jack McLaughlin, Clay Gordon, Tom McNally and Pete Kass.

Maybe this one will be more difficult. Many years ago, two major league teams exchanged star players in a mid-season trade. Fans in both cities were surprised—maybe shocked. Those in one city were most upset, stating that they had traded "steak" for "potatoes" with a very popular player leaving town. Can you remember the teams and players?

—Dick Harper

THE REMINDER

A monthly publication of the Senior Men's Club of Birmingham, which meets on Fridays at 10:30AM at The Community House, 380 South Bates Street, Birmingham, Michigan 48009.

Officers for 2018 are: Charles R. (Dick) Bradley, president; Timothy S. McGee, first vice-president; Gerald W. (Jerry) Stribbell, second vice-president; Roger K. Timm, recording secretary; Maynard L. Timm, corresponding secretary; John P. Groves, treasurer; James A. (Jim) Bayson, assistant treasurer; John R. Bergeron, Thomas L. Booth, officers at large; George A. Grove, parliamentarian.

THE REMINDER includes: Dick Harper, editor emeritus; Maynard Timm and Jay Kafarski, co-editors; John Flintosh and Chuck Ragains, associate editors; Tom Booth, Gene Markel & Roger Timm, photography; Bob Jordan, mailing; Lee Trumbull, computer layout.

Senior Men's Club of Birmingham
380 South Bates Street, Birmingham, MI 48009
www.communityhouse.com

CLUB DATES TO REMEMBER

Executive Board Meeting: Tuesday, July 10, 9:30AM

Reminder Deadline: Friday, August 10

Bowling: Wednesdays at 10:00AM at Troy Lanes (practice)

Bridge: Tuesdays at 9:00AM; Fridays after lunch

Dome Golf: Monday at Lincoln Hills, 7:30AM

Thursday at Springdale, 7:00AM

Special Events

Downriver & River Rouge Heritage Tour: Tuesday, July 24

Experience Detroit's Eastern Market: Tuesday, August 14

Group Meetings

Classic Movie Group: Monday, July 9, 1:00PM

Book Reading Group A: Wednesday, July 11, 10:30AM

Book Reading Group B: Monday, July 16, 3:00PM

Investment Group: Wednesday, September 12, 2:45PM

Camera Group: No meeting in July

Computer Group: No meeting in July

Genealogy Group: No meeting in July

All events at The Community House unless otherwise stated.

SMC ON THE WEB:

www.seniormensclubbirmingham.com

www.communityhouse.com/supported-groups-nonprofits/senior-mens-club/