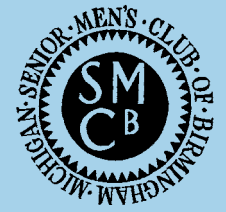


The Reminder



July 2012

Senior Men's Club of Birmingham, Michigan

Inside

- 2 Membership News
- 3 Gordon Fox Honored
- 4 Ted Chapekis
- 5 Art Pope as Patton
- 6 LOA Memberships
Special Events
- 7 Groups
- 8 Mystery Lyrics

St. Clair River Dinner Cruise

Tickets for our St. Clair River Cruise, which will take place on Wednesday, July 11, are on sale and have received an enthusiastic initial response by the club. If you are still contemplating joining us on this very special event, we encourage you to decide quickly. Our summer cruises have always been early sellouts. Tickets for this adventure are \$60 per person and may be purchased at our regular Friday meetings.



We will depart the First Presbyterian Church at 2:00PM by luxury coach to our cruise ship, The Huron Lady II. Following a scenic cruise down the St. Clair River, we will disembark at the famous River Crab Restaurant. Dinner will include a starter, your choice of one of six entries ranging from Shrimp Scampi to Maryland Crab Cakes, Great Lake Whitefish, salmon, chicken or steak, dessert and dinner beverage. Following dinner, we will enjoy a leisurely sunset cruise back to Port Huron to board the bus for home. It will be a memorable evening. See you on the bus.

—Event Co-Chairs: Bob Gualdoni, Riggs Miller and Bob Stevenson

JULY PROGRAMS

JULY CHAIRMAN: Nandalal Bagchi

- 6 Barry Franklin, PhD, Director Beaumont Cardiology and Rehabilitation *Recent Advances in the Prevention and Treatment of Heart Disease*
- 13 Lavoisier Cardozo, M.D., Chief, Geriatrics, Internal Medicine, Wayne State University *Strategies To Prevent Alzheimer's in the 21st Century*
- 20 Richard Rapson, President and CEO, Kresge Foundation *Detroit, A New Civic Compact*
- 27 Darryl Taylor, M.D, Director, Horizon-Upward Bound, Cranbrook Schools.. *Creating Better Citizens For The Future*

AUGUST PROGRAMS

NO MEETINGS

JULY DISCUSSIONS

JULY CHAIRMAN: John Perryman

- 6 George Grove, SMC Member *Rowe v. Wade*
- 13 Deborah Piesz, Asst. Superintendent for Business Services and Robert Lawrence, Treasurer - Birmingham School Board *How are Birmingham Schools Coping With Lower School Taxes?*
- 20 Don Studt, Chief of Police-Birmingham *Challenges and Opportunities of the Birmingham Police*
- 27 Stuart Shuster, SMC Member *The History of Toy Trains*

AUGUST DISCUSSIONS

NO MEETINGS

New Members:



James E. Britton
4392 Reilly Drive
Troy, MI 48085
248-740-0511
E-mail: annandjim@comcast.net
Sponsor: Ray Latovick



Frank P. Biondo
3794 Millspring Road
Bloomfield Hills, MI 48304-3044
248-647-4396
E-mail: biondodandf@aol.com
Sponsor: Larry Dargan



Roger K. Timm
3344 Westchester
Bloomfield Hills, MI 48304-2580
248-644-4050
E-mail: rktimm@yahoo.com
Sponsor: Al Roberts, Jr.

To Life Member:

William M. Straith

Reinstated:

Associate **Edward J. Pappas**

Deaths:

David Sheren (LOA), joined March 1999

New Contact Info:

William R. Quasney---billquas@gmail.com

Clarence N. Frank---1091 Woodbriar Drive, Oxford, 48371-6069

New Associates:

Walter C. Kowal
21900 Dover Court
Beverly Hills, MI 48025-2663
248-646-0462
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Sponsor: Joe Knollenberg

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West Bloomfield, MI 48323-3046
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Sponsor: George Miller

—Pete Kass
Membership Chairman
—John M. Steele
Database Chairman
—Bill Shaffmaster & Tom Booth
Photography

Reader Research

The Reminder is distributed both by email and conventional mail. With an objective of reducing the expenses of Post Office delivery, we recently researched readers asking how they read *The Reminder*. We also asked how much they read and to provide an overall rating of the newsletter. The great majority of readers - 83% - tell us they read most or all of each issue, with 87% rating it as excellent.

We received very interesting answers as to how *The Reminder* is read. Of those who receive it only by email, about 2/3rds read on line, while the other third print and read.

Nearly 200 members get *The Reminder* both by email and conventional mail. The great majority of these (70%), read the emailed version first - the other 30% wait for the Post Office delivered copy to arrive. This finding raises a clear question - why don't those reading on line tell us we can drop conventional mailing and save about \$1 per copy of print/mail expense. After all, the emailed version gets to homes almost a week earlier and is available in attractive color. Any volunteers out there?

We also asked if we should discontinue Post Office delivery of *The Reminder* for members with email addresses. The majority of respondents (56%) said this arbitrary action would be a bad idea.



Games



Monday Golf

The 2012 season is progressing nicely - now into our fifth week and averaging 36 players a round at Lincoln Hills. The player split has been about 50/50, half Regulars and half Walk-ons. Since we have two hours blocked for tee times, we have room for many more golfers.

June 11 was a stunning success. We had thirty-six golfers with one eagle, eight birdies and many pars. The eagle was by Jim Doyle on #5. Birdies were shot by Ted Chapekis on #1 and #8; Joe Schulenberg on #2; John Marsh, Bob Smith and Rich Wehling on #3; Don Foehr on #5 and John Perryman on #8. Honor Roll recognition goes to Jim Doyle with a 35; Tony Parrottino with 37; Ted Chapekis and Bob Hinytzke with 39; Don Foehr and John Perryman with 41; Eldon Crawfis with 42; Roger Hammer, Pete Kass and Bill Duncan with 44 and John Kary, Joe Schulenberg and Bill Schwartz had 45. Congratulations! Bob Gualdoni was closest to the pin on #2.

Everyone enjoys the golf and friendly "afterglow" conversation. We look forward to having you with us on future Mondays at Lincoln Hills, 7:30-9:30AM tee times.

—The Golf Committee

Thursday Golf

During June, outstanding golf weather returned to Southeast Michigan thanks to the many incantations by SMC members to the Goddess Na. Through mid-June Thursday golfers averaged nearly 50. It is anticipated that the great weather will create the conditions necessary to break through the magic number of 50.

There is plenty of room for walk-ons and first time players. Potential golfers - please do not allow fear of high scores prevent your participation. If you come out and shoot a nine hole score higher than any the Committee has recorded, we will award you a free round.

There is no *Reminder* in August so be sure to mark your calendars for the following events:

- Scrambles will be on Thursday, July 19. So gather your team.
- Thursday Golf Tournament will be on August 23, August 30, and September 6. Rules will be posted.
- The annual Stonycroft Scramble will be Tuesday, September 11. Cost to be announced later.

Clarification: On June 14 John Kary was closest to the pin and sank the putt for a birdie. The distance was measured at 5' and 8½ inches. This was below the 6' distance required for a Bonus Bucks payout. Several senior golfers pointed out that the Committee has not given specific rules for measurement. i.e., back of the cup, center of the cup, or front of the cup and front of the ball, center of the ball, or back of the ball. The Thursday Golf Committee met in executive session to consider the inputs. The Committee decided that given the non-specific measurement criteria, John Kary's putt did meet the requirements for a Bonus Bucks payout when measured from the back of the cup to the back of the ball. John was awarded \$15.

Specific measurement rules will be posted for the 2013 season.

Hit them high, hit them long, and hit them straight.

—The Golf Committee

Gordon Fox Honored

Member Gordon Fox recently received a prestigious award from the Birmingham Optimist Club. Gordon has been a member of the Optimists for 38 years and received the "Larry Raymond Award for Outstanding Contributions to Education."



Congratulations, Gordon - another example of our members giving back to the community.

—Dick Harper

Ted Chapekis: A Life with Many Facets



From service in the Caribbean Theater during World War II, to directing the launch of a new Ford tractor plant in Latin America, to completing management consulting assignments in more than a dozen countries worldwide,

Ted Chapekis has lived an interesting and fulfilling life. "I am fortunate to have the benefit of a good education, and to have worked with some great companies," said Ted. "My work has enabled me to see much of the world."

Ted grew up in Escanaba, Michigan, graduating from Escanaba High School in 1946. That same year he joined the Navy Radio School, and was assigned to duty on the USS Hobson in the Caribbean Theater. The Hobson was a support vessel serving the Navy throughout the Caribbean.

Senior Health Matters

Low dose aspirin (75-325mg) has been shown to reduce events and death from heart and blood vessel disease in those with prior cardiovascular disease. When used for the prevention of cardiovascular disease in the normal population or those who are high risk, the role of low-dose aspirin is less clear. In the June 2012 issue of the American Journal of Medicine, an analysis of all good quality randomized trials shows that using low-dose aspirin, for at least four years, reduced the relative risk of cancer deaths of all types by 23%. Because aspirin use is associated with an increased risk of bleeding, the benefits must be balanced with the bleeding risk, so consult your physician before embarking on a self-directed prevention program. Even low-dose aspirin is associated with a 71% greater relative risk of major bleeding, although the absolute risk is modest. That being said, it appears that aspirin will now be the backbone of cancer prevention.

—Augustine L. Perrotta, DO

Discharged in 1948, Ted enrolled in the University of Michigan under the GI Bill, earning a bachelor's degree in Industrial Mechanical Engineering. He later earned his MBA from Michigan, and became a State of Michigan Licensed Professional Engineer (PE).

Ted joined the Ford Motor Company in 1953, beginning a 40-year relationship. His assignments were generally focused on the management of foreign and domestic plants in the manufacture and assembly of engines and tractors. Areas of expertise included: plant management; launch of new products; quality improvement; and cost reduction programs. Following his retirement from Ford in 1993, Ted established a management consulting practice to serve clients in the U.S. and overseas including Ford and Case Corporation.

Ted joined the Birmingham Senior Men's Club in 2004, and today he calls it one of the best decisions he ever made. "There is no place I know of that has the breadth, depth and diversity of knowledge as the Men's Club membership," he said. Ted is especially active in the Reading Groups, which he helped establish, and Golf, where his name is usually among the leaders every week.

Ted and his wife Cleo are residents of Bloomfield Hills. They have three sons and five grandchildren.

—Chuck Ragains



Bill Johnson presented a check for \$8000 to Camille Jayne, President and CEO of TCH for the SMC Legacy Endowment Fund - proceeds from the recent benefit performance of Marina Arsenijevic.

Art Pope as Patton



SMC Member Art Pope recently presented "The Man Behind The Legend" - a discussion of the military career of General George Patton. Dressed in a replica of Patton's uniform, including helmet, pistols, chaps and a riding crop, Art gave a detailed and most interesting review of Patton's noteworthy career - the high points as well as a few low points. He received a standing ovation for an outstanding presentation,

roughly timed with the anniversary of the Normandy invasion so many years ago.

—Dick Harper

John Clor Ford Motor Company

The Discussion Group speaker on June 15 - John Clor from Ford - was very well received.

Several attendees asked for his email address, which is jclor@ford.com.

—Jon Haber

Finance Committee Volunteer Needed

After many, many years of handling the recording of club dues, Warren Spatz is "retiring" as the full time recorder and will assist the new vice chair of dues. We need a volunteer to replace Warren.

There will be two assistants to work with the new vice chair. No experience required. If you want to meet many members of the club and can volunteer a couple of hours on Fridays for 6 months, contact Jim Bayson 248.681.4672.

SMC Walking Exercise Fitness Program

Our walking fitness program began on Monday, June 18 at the Merrill Street entrance of Shain Park. Our goal is brisk walking at 3-4 mph for 30 minutes a day for five days a week by starting at 1-2 mph for 5-10 minutes three times a week until fitness improves. This activity is designed to improve your physical fitness and promote camaraderie, fraternity and socialization with your fellow members. It also provides motivation and moral support to stick with the program for those of us who are not self-starters. Start on the road to fitness soon and stick with it throughout the year when we move the program to Somerset Mall for the winter months.

—Augie Perrotta

Life Member William Hartman



The latest member entering our Life Member category is Bill Hartman. A club member since 1999, Bill was born and raised in Three Rivers, Michigan. After graduating from Three Rivers High in 1945, Bill joined the U.S. Army and was assigned to the Calvary. He became a supply non-com, working with a platoon of horses. Bill indicates that

his primary responsibility during tours of duty in Germany and Austria was the feeding of 8 to 12 horses.

After discharge from the Army in 1947, Bill attended

the University of Michigan, graduating with a Bachelor of Arts degree, followed by Juris Doctor from the U of M Law School in 1954.

He joined Chrysler in 1955, being assigned to the General Counsel staff. Bill's Chrysler career included a number of positions, including serving as Manager of Real Estate for 28 years. He retired in 1989, after 34 years with Chrysler.

Bill and his wife Ruth have been married for 57 years and reside in Birmingham. They have four children and eight grandchildren and have been members of the Lutheran Church of the Master since 1965. He has served as an Officer at Large for the SMC and has been on various committees in 13 years of membership.

—Dave Schwartz

Special Events

Annual Picnic

The Senior Men's Club annual picnic will be at the Pontiac Yacht Club on Friday, August 24. The festivities start at 10:30AM. There will be games with prizes for the winners and the camaraderie of good friends.

Lunch will be at 12:00PM and we are having roasted pig and chicken prepared by D.J.'s Meats, one of the area's premier picnic food vendors. Sides will include baked beans, a variety of salads, bread, drinks, and of course, ice cream.

The Straw Hat Band will provide the entertainment starting at 1:00PM. Whether you are singing along or just tapping your feet, everyone enjoys the Straw Hat Band! Following the entertainment there will be a drawing for prizes: discounts at local restaurants.

All in all, the annual picnic is a great way to end the summer with good friends from the Senior Men's Club. Tickets will go on sale July 6. The price is \$17.

Maps with directions to the Pontiac Yacht Club in Keego Harbor will be available. If possible, share a ride to conserve parking spaces. Bridge players are welcome to use the tables and chairs at the Yacht Club or you can provide your own.

The annual picnic is one of our Club's premier events. Don't miss it. See you on August 24.

—Picnic Committee: Mike Clement, Tony DiMarco, Roger Struck, Riggs Miller, John Wargelin, John Horiszny, and Gil Livingston

Mark Your Calendars!

Grand Rapids Tour on Wednesday, October 17!

Guided visits to the Meijer Garden and Sculpture Park, followed by the Gerald Ford Presidential Museum.

—Special Events Committee

Friday Meeting Chairmen

Club Past Presidents have organized to support President Chuck Kirkpatrick as he contends with health problems. They have initiated chairing Friday meetings, starting in June with Past President John Flintosh.

Remaining monthly coverage will be by Dick Harper in July, Jack McLaughlin in September, Bill Johnson in October, Irv Poston in November, with Dave Schwartz in December.

As President, Chuck will continue to develop agendas for Friday meetings and will chair monthly Executive Board meetings.

LOA Memberships to End in January

For many years, the Club has offered Leave of Absence memberships (LOA) to men who, for reasons of health or geography, were unable to meet the annual ten meeting attendance requirement.

The recent elimination of attendance requirements, however, renders the LOA membership category academic and offers the opportunity to phase it out and simplify dues collection, reporting and occasional reinstatement activities.

At its meeting on June 12, the Executive Board voted to initiate amendment of the Constitution by deleting references to the LOA membership category (Section 3 of Article III). The Board also amended Sections 4 and 5 of the bylaws to remove related references to LOA membership status.

Formal amending of our Constitution will now begin. This *Reminder* notice is the next step in the amendment process. Two readings at Friday meetings will follow, concluding with a membership vote, which requires three quarters membership support.

Timing of this proposed change is critical in that dues collection for 2013 will begin in September and there is no August issue of *The Reminder* to provide member notification. Assuming member approval, current LOA members (29 in total) will be notified of the change and their option to resume full membership status.

—John Flintosh, George Grove and Dick Harper

Mahr Wisdom

Robb Mahr recently noted that there is a difference between genius and stupidity... genius does have its limits.

Groups



Computer Group

No Computer Group meeting in July.

—Ron Denton



Investment Group

The Stock Game winner is Bob Bazzell with an impressive 71.2% gain in 7.5 months. He led the game from start to finish. His cash prize is \$450.

Joe Samyn (\$250) finished 2nd with a 43.9% gain. Dick Harper (\$150) slipped to 3rd with a 36.8% gain. George Miller, Al Bosley and John Klein followed.

Forty seven of 74 players had gains; the overall average gain for 7.5 months was 5.6%.

The Committee invested the prize funds and achieved a 46.8% gain - the winners shared the extra \$280.

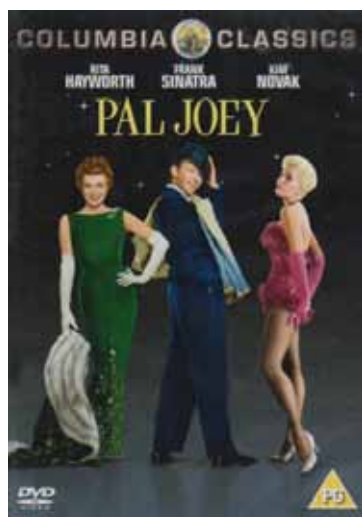
The next meeting is Wednesday, September 12. The new Stock Game begins October 5.

—George Miller



Classic Movie Group

“Pal Joey” is the 1957 film classic selected by Ed Cox for your viewing pleasure on Monday, July 9 at 1:00PM in the Hackett Room. Starring Frank Sinatra, Rita Hayworth and Kim Novak, Pal Joey is considered the definitive Sinatra vehicle for which he won the Golden Globe for best actor. The setting for this musical is San Francisco where Sinatra portrays a second rate singer who, despite being a womanizer, undergoes a charming and funny transformation into a nice guy. The script is intelligent and displays the obvious chemistry between Sinatra, Hayworth and Novak. Bring your date to this one!



—Augie Perrotta



Book Reading Groups

On Wednesday, July 11 (*second Wednesday of the month for this month*)

only) at 10:30AM, we will be discussing the book “Dethroning the King” by Julie MacIntosh. How did InBev, a Belgian company controlled by Brazilians, take over one of America’s most beloved brands, Anheuser-Busch Company, after barely a whimper of a fight?

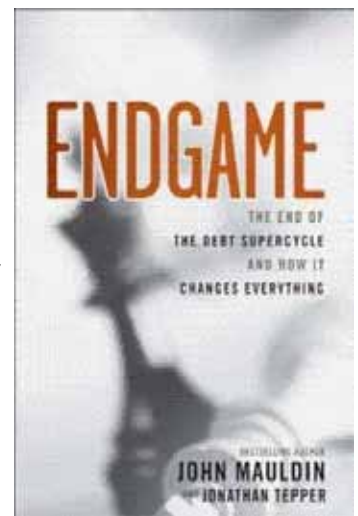
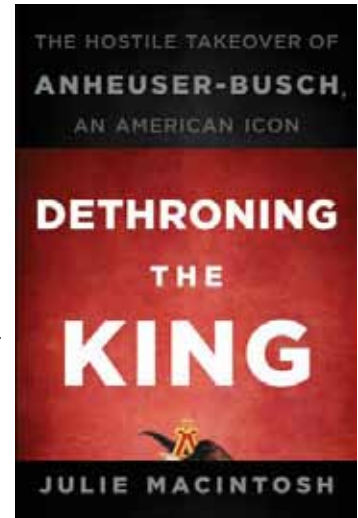
This book details how the drama that unfolded at Anheuser-Busch in 2008 went largely unreported

as the world tumbled into a global economic crisis, second only to the Great Depression. Today, as the dust settles, questions are being asked about how the “King of Beers” was so easily captured by a foreign corporation.

On Monday, July 16 at 3:00PM, we will be discussing the book “Endgame” by John Mauldin and Jonathan Tepper. Greece isn’t the only country drowning in debt. Decades-long growth of debt can result in a massive sovereign debt and credit crisis and affect developed countries around the world, including the United States.

For these countries, there are only two options, and neither is good—restructure the debt or reduce it through austerity measures. “Endgame” shows that, while there are no good choices; the worst choice would be to ignore the deleveraging resulting from the credit crisis.

—Ted Chapekis



Mystery Lyrics

The June mystery lyrics proved to be exactly that - a mystery to most. Only four readers recognized that these lines:

*It's not the note I gave you,
that you quickly burned*

are from the ballad "Be Careful, It's My Heart."

So hearty congratulations to Clarke and Shirley Thornton, Clay Gordon, Tom McNally and Pat (Dick) Smith.

This month's mystery lyrics are the first lines of an old (1951) jazz classic - a song recorded by many in both vocal and instrumental versions. Perhaps the biggest seller was by Les Paul and Mary Ford, which was on nearly every Detroit juke box in the early 50's. The lyrics start:

*Somewhere there's music,
how faint the tune*

Ok, jazz fans - can you name that tune?

—Dick Harper

Tiger Trivia

Our Tiger trivia challenge convinced us that we have a lot of long time Tiger fans in our club.

No fewer than five readers remembered that Norm Cash (affectionately known as Stormin Norman by many) was the Tiger who won an American League batting title - hitting .361 in 1961, but never hit .300 before or after. Those with long memories are Tom McNally, Lynn Evans, Harold Brown, Dick Smith and Clay Gordon.

Our Tiger trivia challenge is a little tricky. What did pitcher Dizzy Trout carry in a hip pocket on warm days? No, it wasn't a tobacco product.

—Dick Harper



CLUB DATES TO REMEMBER

Executive Board Meeting: Tuesday, July 10, 9:30AM

Reminder Deadline: Friday, August 17

Games

Bowling: Wednesday, 10:00AM at Thunderbird Lanes (practice)

Bridge: Tuesday, 9:00AM and Friday after lunch

Monday Golf: 7:30AM at Lincoln Hills

Thursday Golf: 9:00AM at Springdale

Special Events

St. Clair Dinner Cruise, Wednesday, July 11, 2:00PM

SMC Picnic, Friday, August 24, 10:30AM

Grand Rapids Tour, Wednesday, October 17

Group Meetings

Book Reading Groups: Group A: Wednesday, July 11, 10:30AM

Group B: Monday, July 16, 3:00PM

Classic Movie Group: Monday, July 9, 1:00PM

Camera Group: No meeting in July

Investment Group: Wednesday, September 12, 2:45PM

Computer Group: No meeting in July

All events at The Community House unless otherwise stated.

SMC on the Web:

<http://www.tchserve.org/getInvolved/interestGroups/SeniorMensClub.html>

Google Group: <http://groups.google.com/group/SMCBirmingham>

THE REMINDER

A monthly publication of the Senior Men's Club of Birmingham, which meets on Fridays at 10:30 AM at The Community House, 380 South Bates Street, Birmingham, Michigan 48009.

Officers for 2012 are: Charles B. Kirkpatrick, president; David A. Schwartz, first vice president; Stuart B. Shuster, second vice president; George L. Stern, recording secretary; Eugene P. Jacoby, corresponding secretary; James E. Bayson, treasurer; Richard E. Shirley, assistant treasurer; Jack E. Ledingham and Pradeep Mehra, officers at large; George A. Grove, parliamentarian.

THE REMINDER includes: Dick Harper, editor; Chuck Kirkpatrick, Chuck Ragains and John Reddy, associate editors; Tom Booth, Bill Shaffmaster, and Geno Markel, photography; Lee Trumbull, computer layout; Bob Jordan, mailing.

Senior Men's Club of Birmingham
380 South Bates St., Birmingham, MI 48009
www.tchserve.org



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SENIOR MEN'S CLUB MEMBERS AT SHAIN PARK MEMORIAL DAY SERVICE



David R. Zimmer, (left), with grandson, Alexander Pavlov, helped place a wreath at Shain Park Peace Memorial

Ned Schneider (right)
Event Chairman



Chuck Kirkpatrick, President, Senior Men's Club, Paul Cicchini, of Cicchini Custom Clothier, Bob Kenning, a former Birmingham City Manager



Sherwin Vine. He was so grateful that the government allowed him to complete his studies for a law degree that upon graduation he reported two weeks early for duty



Dave Bostwick, Patti (Smith) Bostwick, Richard W. Smith and Mrs. Pat Smith



John Slocum, Bill Johnson, son Dave Johnson and Mrs. "Dolly" Johnson