

The Reminder



September 2015

Senior Men's Club of Birmingham, Michigan

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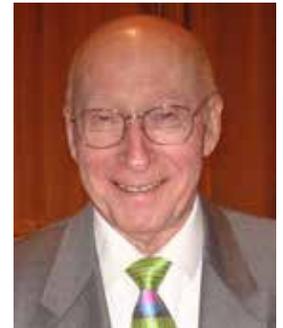


Frank Barnes: Life Member, Former President

When Frank Barnes graduated from the University of Michigan in 1951 with a degree in Geology, he found a depressed—and depressing – job market. Major companies in industries such as chemicals and construction were cutting back on their staffs while hiring few new employees. “It was not a good time to graduate from college,” says Frank.

Not to be discouraged, Frank found other ways to advance his career. He joined General Motors as a draftsman, and in the ultimate job change, he joined his father-in-law’s company. The bulk of Frank’s career was with the civil engineering firm of Hubbell, Roth & Clark. The firm is a leader in the design and installation of projects such as water and sewer system plants, bridges and overpasses. Clients included Oakland County, City of Birmingham, and the City of Bloomfield Hills.

Frank joined the SMC in 1998. During Frank’s years of membership the Club has benefitted in many ways from his experience and knowledge:



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New Member:



John J. Dueweke
5889 Pentland Rd.
Bloomfield, MI 48301-1148
248-855-6515
jjdueweke@aol.com
Sponsor: John Flintosh



Jay W. Hall
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Sponsor: Tom Booth



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248-647-8738
lkolakowski@att.net
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Paul Lieberman
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248-770-2514
lynnpaul@aol.com
Sponsor: Pete Kass



Yash P. Malhotra
2131 Birchwood Way
Bloomfield Hills, MI 48302-1603
248-851-5695
Ymalhotra06@gmail.com
Sponsor: Swarn Rajpal

To Life Member:

Jarrold C. Patterson
John A. Ellis
Donald L. Foehr

Reinstated:

Lloyd E. Jones
John Mills

Deaths:

Stephen Kutosh, (Life), joined March 1987
Frank W. Garland, (Life), joined November 1990
Clarence A. Hall, (Life), joined November 1985



John M. Murray
3560 Bloomfield Club Dr.
Bloomfield Hills, MI 48301-2103
248-594-8778
31JMurray@gmail.com
Sponsor: George Miller



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Sponsor: Martin Rowell



James T. Whitledge
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Sponsor: Gil Livingston

New Associates:

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248-217-7979
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Sponsor: Stu Shuster

Charles J. Moss
1184 Dorchester Rd.
Birmingham, MI 48009-5900
248-647-0913
Cjmoss20@hotmail.com
Sponsor: John Marsh

—Pete Kass, Membership Chairman
—Robert Beach, Database Chairman
—Bill Shaffmaster, Tom Booth
& Gene Markel, Photography



Games



Scramble Follow Up

The much anticipated Annual Stonycroft Scramble for Senior Mens Club golfers was held on Tuesday,



August 11. Overnight rain and thunder threatened to delay or postpone the event but the early morning clouds were swept away by the time the shotgun start horn pierced the morning calm.

Nine (9) teams of five golfers entered the competition knowing that there was to be only one team winner. The teams were well balanced based on total team handicaps. This was evident because only 5 points separated the first and last teams. There were four teams within one stroke of the winning score.

Team number 6 consisting of Frank Bujold, Richard Volpe, Dick Bradley, Dave Underdown and host Dave Kellett posted a 34 score to win the top prize.

The committee looks forward to the 2016 Scramble which again will be held in mid-August.

—The Committees

Three Club Day

A Three Club Day will be held at Springdale Golf Course on Thursday September 10, 2015.

There will be a shotgun start at 8:00AM. Any three clubs of your choosing may be utilized. You will be playing against your own established average. A brunch will be provided at Springdale. We are targeting the brunch for 11:00AM. Food will be provided with two meat dishes (hamburgers and chicken kabobs) and two different salad choices. Our cost excluding cart choices will be \$27.00. We will have cash prizes for the best three players. Remarkably, on "three club day," some golfers often score lower than their established average.

I will be collecting money and promised commitments each Thursday starting August 20 at Springdale. We will need 36 golfers for this to be a viable program. I will need to commit to Springdale by September 4 so that they may commence their preparations.

—Tom Schrift



Monday Golf

Lincoln Hills has been bustling with Men's Club activity, with play now averaging forty players per round. The Annual Monday Scramble was held on July 27 with much fun, good natured competition and excitement.



The winners were:

Lower Averages:

1st Gordon Fox, Pete Kass, John Marsh, Alan Nealley

2nd Eldon Crawfis, Pete Good, Ed Jones, Joe Schulenberg

3rd John Perryman, Bob Smith, George Stern, Dave Zimmer

Higher Averages

1st Jack Corey, Bob Klein, Nick Marinelli, Tom Venier

2nd Bob Gualdoni, Dick Mueller, Phil Owen, Tom Waffen

3rd Roger Hammer, Bob Munn, Gino Salciccioli, Floyd Yeager

The "official" 2015 season ends August 24, but league play will continue on Monday mornings. Just make sure to call Lincoln Hills to reserve tee times between 7:30 and 9:00AM.

—The Committee

Bowling

The SMC bowling league is alive and well, despite the closing of our long time home of 22 years, Thunderbird Lanes. New chairman Richard Volpe has reorganized our league into six teams and has arranged for us to bowl at Troy Lanes at 1950 E. Square Lake Rd. near John R.



We are practicing at 10:00AM Wednesday mornings. We start league bowling on Monday, September 14 also at 10:00 AM. New bowlers are needed and welcome. Even if you haven't bowled for a long time (maybe never) give it a try. You will find great fun and camaraderie with a group more interested in the social aspects of bowling than in high scores. Any questions can be directed to Richard Volpe – RfaV13@gmail.com or 248-417-5435.

—Dick Harper

New Life Members: Jarrod Patterson

Our most recent inductee into our Club's most prestigious category – Life Membership – is **Dr. Jarrod Patterson**, better known as JC. Early in life JC encountered a significant setback – the loss of a leg at the age of four in a streetcar accident in Flint. The rest of his life can be characterized as meeting and beating this and all other challenges.



JC graduated from Highland Park High School, and went on to an extensive educational program – the College of William and Mary, where he met his future wife Elizabeth, followed by a Master's degree in Microbiology at the University of Michigan. This was followed by earning his MD from Michigan's Medical School and interning at William Beaumont. He returned to U of M as a resident in Dermatology. He then accepted a position as a full time dermatologist at Beaumont and built a private practice.

After retirement, JC joined the SMC in 2003 where he is a dedicated bridge player. This July, the Pattersons celebrated their 50th year as campers at the U of M alumni camp on Walloon Lake. JC and his wife are active members of the First Presbyterian Church in Royal Oak where he is an elder and deacon. They have three adult children located in North Carolina, Chicago and Rochester, Michigan.

Welcome JC to Life Membership!

—Dick Harper

SMC Photo Albums

During recent months, TCH has asked us to review and organize stored Club materials. During the course of this review, we discovered copies of two member photo albums which we thought were long gone:

- 2004 album entitled "The Way We Were" – photos of members in uniform during World War Two and the Korean War

- 2008 album of SMC members.

We began offering the 2004 album in June, with about a dozen copies still available – first come, first served. We have about 200 of the 2008 member photo albums, which we anticipate offering at Friday meetings in September.

—Dick Harper

Dress Code

President George Stern has announced that our regular Friday dress code – coats required, ties preferred – will be in effect starting with our September meetings. Note that our "fashion police" will be watching to ensure that we maintain our reputation as the best dressed men in Birmingham.



Hostesses Need Help

Since our very beginning, a group of dedicated ladies has served as hostesses at Friday meetings, serving lunches to very appreciative men. Due to several recent retirements, the hostess team needs help – they are looking for some ladies who could join their ranks in this capacity.



This message is a request to members to help recruit hostesses – maybe your wife or daughter or even a neighbor would like to know what really goes on at The Community House on Friday mornings.

Please give this some consideration. The hostess contact is Pat Maddock – she can be reached at 248-642-7297 with any questions. Scheduling is flexible.

—Dick Harper

Sports Trivia

In July, we asked who made these memorable sports end-of-game announcer calls:

*The Giants win the pennant,
the Giants win the pennant*

Do you believe in miracles?

The events were the NY Giants beating the Brooklyn Dodgers in a one game playoff in 1951, when Bobby Thomson hit a three run homer in the last of the 9th inning. Announcer Russ Hodges yelled the words 5 or 6 times in succession. The "miracle" line was by Al Michaels when the underdog Americans beat the mighty Russian hockey team in the 1980 winter Olympics.

Tom McNally was the only respondent who knew all this. Clay Gordon knew the events, but not the announcers, Jack McLaughlin remembered the Giants game.

Now, who said these immortal words and why?

"If I'd a known he was gonna do that, I'd a done it too." Hint – a baseball quote.

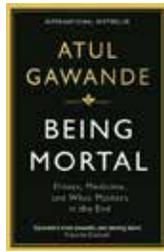
—Dick Harper

Groups

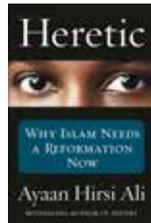


Reading Groups

On Wednesday, September 2, at 10:30AM, Sean O'Keeffe will lead a discussion of Dr. Atul Gawande's "Being Mortal: Medicine and What Matters in the End." This book is a personal meditation on how we can better live with age-related frailty, serious illness, and approaching death. Gawande calls for a change in the philosophy of health care. The aim of health care, he argues, should not be primarily to assure health and survival; instead, its aim should be "to enable well-being."



Jim Labes will lead a discussion of Ayaan Hirsi Ali's "Heretic: Why Islam Needs a Reformation," on Monday, September 21 at 3:00PM. In an earlier book, Infidel, Ms. Ali recounted how she endured genital mutilation as a young girl in Somalia, willingly wore a full hijab as an adolescent in Kenya, but later, while living in the Netherlands, renounced her Islamic faith. Having collaborated with film director Theo Van Gogh in making a film that criticized Islam's treatment of women, a film that led to Van Gogh's assassination, she became the target of furious attacks by militant islamists. Now, in "Heretic," she argues that "the best thing for religious believers in Islam to do is to pick another god."



—Frank Auld



Camera Group

Join us on Tuesday, September 8, at 2:00PM when Jim Wolfe will present the images of China that he has taken on his many trips with his wife Py. He has visited many towns and villages and parts of China that most people never see. Jim works for the US State Department to study native peoples and human migrations.

Jim does not claim to be a photographer, but he enjoys his visits and takes many pictures of people he meets in their homes and villages. He has some great images of China. Jim will be happy to discuss any photographic questions you may have.

—John Slocum



Classic Movie Group

On Monday, September 14, Irv Poston will present one of his favorite musical feature films, "The Glenn Miller Story" (1954), at 1:00 PM. Jimmy Stewart is convincingly cast as the iconic bandleader, with June Allyson as his wife, in this excellent account of his life. The musical soundtrack is also a big star in this film with many of Miller's most popular hit records recreated, utilizing many of the original band members. Expect a bright clear picture, with subtitles, excellent sound and great popcorn. So, please bring family and friends and plan to join us to enjoy this classic film. And, in the meantime, be sure to visit our outstanding web page to watch previews and musical video clips and to view our excellent photo gallery.



—Fred Hansz



Investment Group

On Wednesday, September 9, at 2:45PM, Joey Agree, President and CEO, Agree Realty Corp (ADC) will review their success with 209 retail properties in 37 states. He will discuss the overall retail real estate environment and Agree's strategies in the national and Michigan markets. Agree is a local company that will double in size in less than five years, and now pays a low risk 6% dividend that will increase within a year.

The Stock Game begins on October 9. Jerry Peck won last year with a 122% gain. Pick stocks wisely.

—George Miller



Computer Group

The Computer Group will meet at 3:00PM on Wednesday, September 16.

The guest speaker will be Tom Allen. He will discuss how to effectively utilize an iPad. He will also discuss what to consider when purchasing a tablet device. There will be time for questions at this meeting. Everyone is welcome.

—Jon Haber

Special Events

A Day at the Capitol Lansing, Michigan

On Thursday, October 15 we will be taking a trip by bus to Lansing, Michigan for "A Day at the Capitol."



Our visit will include unique opportunities for the following:

- Visit the Capitol for a seat in the Public Gallery to view the Senate in Progress.
- Meet our Congressman Marty Knollenberg and Representative Mike McCready.
- Lunch at the famous Clara's Lansing Station.
- A Guided Tour of The Capitol Building accompanied by Marty Knollenberg and Mike McCready with access to exclusive locations.
- Narrated Coach Tour of The MSU Campus with a final stop at MSU Dairy for Prize Ice Cream.

Tickets will be on sale Friday, September 4 on a "first come - first served" basis at \$40 per person (all inclusive except high-calorie ice cream.) Please take note: only 56 tickets are available, so, shop early and do not be disappointed.

Any questions, please do not hesitate to contact me.

—Malcolm D. Hendy

Save the Date

You may not be thinking of Santa but he is thinking of you. Although it still seems far off...Christmas will be coming, as it does every year, and so will the well anticipated and appreciated annual SMC Christmas party. On Wednesday, December 9 we will gather once again at the San Marino Club. More details in future *Reminders*.



—Jim King

Excursion to Stratford

Take in a "live" classic musical at The Stratford Festival.



Enjoy "The Sound of Music" on Thursday, September 24. The

trip includes bus transportation, lunch at the theater, the show, and a snack for the trip home. This very popular event sells out quickly. The price is \$125 and any remaining tickets will go on sale September 4.

We will depart from the First Presbyterian Church in Birmingham at 8:00AM.

Excursions to Stratford, Ontario, Canada require a valid passport or enhanced driver's license..

—Riggs Miller

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Frank Barnes

- He is a life member
- He is a former president
- He established the Club's 50th Anniversary Committee
- He was an enthusiastic bowler until a shoulder problem put him on the sideline
- He served on the Attendance and Lunch Committees—which helped him meet both active members and new members

Even though he is technically retired, Frank is still keenly interested in Club activities. "This is a great club. There's something for everyone." said Frank. I'm especially impressed by our weekly programs. They provide a lot of useful information. And they keep getting better and better."

A final word from Dick Harper, Editor of *The Reminder*: "While I didn't know Frank at U of M, even though we were classmates, I've always found him to be a man of principle and high character. We are fortunate to have him as a member and a friend."

—Chuck Ragains

Senior Health Matters

Coffee and Alzheimer Disease

A pooled analysis of 4 studies showed a protective effect of coffee consumption in midlife against Alzheimer disease in late life with a risk reduction of 30%.

Consumption of caffeinated beverages is associated with some short term benefits including increased mental alertness and improvement in certain aspects of cognitive performance—vigilance, reaction time and memory consolidation. The latter is the ability to discriminate new items and detect that similar items are different than those viewed the day before.

The average US adult's coffee consumption is about 2 cups per day (280 mg of caffeine). Individuals who consume 4 or more cups per day are considered heavy coffee users. Heavy intake, although not considered a long term risk for heart muscle disease, may trigger coronary events or an abnormal heart rhythm especially in those with underlying heart disease. For the majority of healthy adults, 2 cups a day are safe but, based on current data, most experts say there is insufficient evidence for promoting or discouraging coffee consumption in the daily diet.

—Augustine L. Perrotta, DO
Chairman, Visitation-Health Committee



Once again, September will be a “free lunch” month. The Executive Board has approved a free lunch at Friday meetings for guests who are new member prospects. Simply register your guest name on arrival at any Friday meeting in September. Once they see how dynamic and attractive our Club is, they most likely will be motivated to join. Happy new member prospecting!

—Dick Harper

Nominating Committee

The Nominating Committee appointed by President George Stern has initiated their most important responsibility of selecting Club Officer candidates for 2016. Committee members are Past President Stu Shuster, Chairman, plus Past Presidents John Flintosh and John Steele, plus members Bob Beach and Jim Bayson.



In accordance with the Club constitution, the nominations and election of 2016 officers will take place during the first two weeks of November. Members are strongly encouraged to contact any committee member with officer candidate suggestions.

2016 Dues

It's that time of year again! The great bargain sale begins. Where else can you buy great fellowship and great speakers for a full year for only \$40. Beginning with the September 4 meeting, the Dues Committee will have a staffed table to accept payment of your 2016 SMC dues. After January 1, 2016, the late fee will bump your annual dues to \$50.

—John Groves

SMC 2016 Dues Coupon

2016 dues are payable before January 1, 2016. A \$10 late fee **must** be added for dues paid after January 1, 2016. Make checks payable to SMC and pay at a meeting or by mail. Please use the coupon if paying by mail.

Name: _____

Address: _____

City/State/Zip: _____

Phone: _____

Email: _____

If paying by mail, send to:
Senior Men's Club - Dues
The Community House
380 South Bates Street
Birmingham, MI 48009

Dues:

- \$40 Active Member
- \$40 Associate Member
- \$0 Life Member*

**Life Members pay no dues, but many use the coupon to make a voluntary contribution for financial support of our Club.*

Mystery Lyrics

The results of the July mystery lyrics challenge were most interesting. For the first time in a while, we asked if readers could recognize lyrics from a Broadway production. The lyric lines are:



*Haven't you noticed, suddenly
I'm bright and breezy
Because of all the beautiful and new
things I'm learning about you.*

We had nine respondents who knew these lines are from "Getting To Know You" - "The King and I." What we found interesting was that six of them were "first-timers". Hearty congratulations and welcome to Al Bosley, Chuck Thoren, Amos and Marilyn Winsand, John and Lorraine Parker, Chuck Basch and Leonard Johnson. Also heard from regulars - Midge Gettel, Clay Gordon and Tom McNally.

This month we will try something new. These lines are from a poem and were the closing lines of a movie.

*Though I've belted you and flayed you
By the living God that made you.*

Can you name the poem and movie?

Member Getting Married!

A Club member recently advised a friend that after 10 years as a widower, he had decided to get married. His friend responded "Wow, this quite a surprise - is she well off". "Not really" came the response "Let's just say she is comfortable" The next question was "Well, is this about romance". "No", came the reply, we're beyond that." "Well, what is the attraction, then?" came the last question. Our hero replied "She still drives!"



THE REMINDER

A monthly publication of the Senior Men's Club of Birmingham, which meets on Fridays at 10:30AM at The Community House, 380 South Bates Street, Birmingham, Michigan 48009.

Officers for 2015 are: George L. Stern, president; Eugene P. Jacoby, first vice president; Richard A. Kamp, second vice president; Robert I. Hayes, recording secretary; Charles R. (Dick) Bradley, corresponding secretary; John P. Groves, treasurer; James A. Bayson, assistant treasurer; Charles J. Blank and Pradeep (Pete) Mehra, officers at large; George A. Grove, parliamentarian.

THE REMINDER includes: Dick Harper, editor; Chuck Ragains, and John Flintosh, associate editors; Tom Booth, Bill Shaffmaster, and Geno Markel, photography; Mary Kennedy, computer layout; Bob Jordan, mailing.

Senior Men's Club of Birmingham
380 South Bates St., Birmingham, MI 48009
www.tchserves.org

CLUB DATES TO REMEMBER

Executive Board Meeting: Tuesday, September 8, at 9:30AM

Reminder Deadline: Friday, September 18

Bowling: Troy Lanes, starts Monday, September 14, 11:00AM

Bridge: Tuesdays at 9:00AM and Friday after lunch

Thursday Golf: Springdale Golf Course, 7:00-9:00AM

Monday Golf: Lincoln Hills Golf Course, 7:30-9:30AM

Special Events

Three Club Day: Springdale Golf Course, Thursday, September 10, 8:00AM

The Sound of Music: Thursday, September 24, 8:00AM

A Day at the Capitol: Thursday, October 15

Group Meetings

Book Reading Groups: Group A: Wednesday, September 2, 10:30AM

Group B: Monday, September 21, 3:00PM

Classic Movie Group: Monday, September 14, 1:00PM

Camera Group: Tuesday, September 8, 2:00PM

Computer Group: Wednesday, September 16, 3:00PM

Investment Group: Wednesday, September 9 at 2:45PM

All events at The Community House unless otherwise stated.

SMC ON THE WEB:

www.seniormensclubbirmingham.com

www.tchserves.org/outreach-and-clubs/clubs/senior-mens-club-of-birmingham