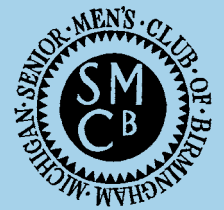


The Reminder

October 2010

Senior Men's Club of Birmingham, Michigan



Inside

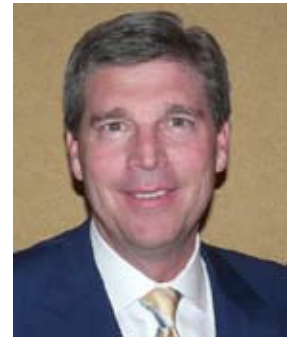
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Dave Brandon

More than 250 enthusiastic attendees recently heard Michigan Athletic Director Dave Brandon describe major aspects of the Michigan athletic program:

- the athletic budget totals \$105 million and supports 27 sports and 750 athletes
- football contributes 70% of this budget and involves 100 players
- \$226 million was spent to renovate the U of M stadium

Brandon told his audience that as a former Michigan athlete, he is a firm believer and supporter of Michigan traditions. He also feels that recent football and basketball results have not been good, but will get better. He considers his job brand management, and Michigan is a global brand. His major objectives are to recruit and motivate, to play by the rules and to win!



—Dick Harper

OCTOBER PROGRAMS

OCTOBER CHAIRMAN: Dick Lindgren

- 1 Dr. Lewis N. Walker, President, Lawrence Technological University*Proud Heritage-Bold Future*
- 8 Alvero Martinez, MD, Corporate Director, Radiation Oncology, Beaumont Hospitals*Current Radiation Cancer Treatment*
- 15 NO MEETING
- 22 Mr. Richard Rubens, President - Model T Automotive Heritage Complex..... *The Piquette Plant-1904-1910, Six Years that Changed the World*
- 29 Dr. Jerome Hill, Senior Vice President/Director, China Projects for China Bridge *Highlights on China's Business Environment and Potential Impact on U.S. Businesses*

NOVEMBER PROGRAMS

NOVEMBER CHAIRMAN: Roger Garvelink

- 5 Seaholm Music Department, Laurie Frick, Director... *Musical Numbers*

OCTOBER DISCUSSIONS

OCTOBER CHAIRMAN: Augie Perrotta

- 1 Charles Amann, SMC Member*Innovation, Communication and Transportation by Alexander Graham Bell and Associates*
- 8 Arezo Amirikia, MD-Retina Specialist, St. Joseph Mercy Oakland*Age Related Macular Degeneration*
- 15 NO MEETING
- 22 Tom Libby-Analytical Advisor, RL Polk & Company..... *Trends in the US New Vehicle Market*
- 29 Louis DeMaris, SMC Member*Portrait of a Portrait Artist*

NOVEMBER DISCUSSIONS

NOVEMBER CHAIRMAN: Mike Nigro

- 5 Danette Taylor, DO, Neurologist, Henry Ford West Bloomfield and John MacInnes, SMC Member*Alzheimer's Disease -a Professional and Personal Perspective*

New Member:



Julian M. Greenebaum
4767 Pickering Road
Bloomfield Hills, MI 48301-3575
248-855-1467
E-mail: jumogre@sbcglobal.net
Sponsor: John Marsh



Jess R. Soltess
3932 Hillsdale Drive
Auburn Hills, MI 48326-4302
248-276-0179
E-mail: ssoltess@sbcglobal.net
Sponsor: Bill Rolf



Jonathan M. Rowell
1173 Glenpointe Court
Bloomfield Hills, MI 48304-1511
248-853-0773
E-mail: rowell@t-online.de
Sponsor: Bob Gualdoni



Ralph Cowie
1675 Kirkway Lane
Bloomfield Hills, MI 48302-1360
248-851-2010
E-mail: rcowieret@comcast.net
Sponsor: Jim Smallwood



Thomas L. Meade
5846 Pentland Road
Bloomfield Hills, MI 48301-1147
248-626-0174
E-mail: Meade48301@aol.com
Sponsor: Jim Haidle



Perry Driggs
230 Orange Lake Drive
Bloomfield Hills, MI 48302-1161
248-334-6868
E-mail: perrydriggs@prodigy.net
Sponsor: Mike Clement

Life Member:

Edwin H. Cox

Deaths:

Clarence G. Carlson, (Life), joined January 1994

Norris F. Lee, (Life), joined January 1993

John H. Leonard, (Life), joined July 1986

New Associates:

John R. Kroell (Anne)
135 Harlan Drive
Bloomfield Hills, MI 48304-3316
248-645-9085
E-mail: johnkroell135@comcast.net
Sponsor: Dick Lindgren

Howard P. Baum (Mary Ann)
2 The Oaks
Bloomfield Hills, MI 48301-1904
248-645-2842
E-mail: hobaum26@aol.com
Sponsor: Dick Lindgren

Richard T. Detskas
29389 Whistler Dr, Novi, MI 48377-2725
248-960-1965; E-mail: runrichd@aol.com
Sponsor: Denny Nielsen

Daniel N. Pevos (Denise Brown)
5327 High Court Way
West Bloomfield, MI 48323-2515
419-681-2312; E-mail: dpevos@aol.com
Sponsor: Jonathan Haber

Roger L. Clancey
32323 Sheridan
Beverly Hills, MI 48025-4252
248-540-4974; E-mail: rlclancey@yahoo.com
Sponsor: Jack Corey

Byron Pat Crane
875 W. Avon Rd, #317
Rochester Hills, MI 48307
586-216-2935
Sponsor: Ben Porter

Gerald O. Morrison
20150 Plantation Lane
Beverly Hills, MI 48025-5050
248-540-3752
E-mail: gomorrison@comcast.net
Sponsor: Roy Halmhuber

Robert E. Conklin
708 Weybridge Drive
Bloomfield Hills, MI 48304-1084
248-334-2722
E-mail: rconklin@conklinsystems.com
Sponsor: Ralph Bowen

...continued on page 3

—Pete Kass, Membership Chairman

—John M. Steele, Database Chairman

—Bill Shaffmaster and Tom Booth, Photography



Games



Golf

The annual Stonycroft Scramble was held on September 15. St. Andrew must have been pleased with our golfer's attitudes because the weather could not have been more perfect. Forty-five members from both the Monday and Thursday Golf Leagues participated in nine 5-man teams. Teams were established by handicap to make it fair for all. The weather was great, the greens fast, camaraderie outstanding and the competition fierce. Winning teams were: First Place: (At even par) Callam, Malik, Dean, Porter, & Buescher; Second Place: (At 1 over) Hinytzke, Good, Salciccioli, Wagoner, & Smyk ; Third Place: (At 1 over) Driggs, Keller, Mueller, Haber, & Buckley. Second and third places were determined by a score card playoff.

Mark your calendars for the annual Golf Banquet. The joint Monday/Thursday committees have put together a great dinner and outstanding prizes. The committees are underwriting a portion of the meal cost to keep the price the same as last year. Details are:

Date: Wednesday, October 27
 Location: The Community House Ballroom
 Time: 6:00PM Attitude readjustment hour
 6:45PM Dinner
 7:30PM Awards presentations
 Cost: \$35 per person (same as last year)

Choice of Beef Tenderloin or Chef's Choice Chicken entrees. Cash bar will be available. Tickets will go on sale on September 30. See any member of the Monday or Thursday Golf Committees to purchase a ticket.

—The Golf Committees

Attendance

Time is running out for members to satisfy the 10 meeting requirement for 2010. Only nine meetings remain on the schedule for October - December.

If you have any doubt as to where you stand in this respect, check at the Attendance registration desk ASAP. Alternately, you can contact Attendance Committee chairman Dale Parker (DKParker@wowway.com) and will receive an email response. Phone calls are acceptable but could be less efficient. Don't wait until the last minute and find you are out of time!

—Dale Parker

Bowling

Welcome back from a summer rest and I hope from a great vacation! The SMC bowling league started September 13. It produced maybe the start of a possible runaway by two teams, with each shutting out the opponent for 8 points. These two teams were the Braves (#6) and the Phillies (#7). I hope the team members remember their team name!

We also had a few bowlers who tried to showoff a little by making some unusual spares and scores. Ben Mangiapane made the 3-10 split while this writer made the 3,6,7 split. As for unusual scores, Riggs Miller missed a triplicate series with two 144 games and a 114. Art Byington had two at 167 and one at 165. There were no 500 series and no 200 games. Where did all the Wednesday summer practice sessions go to? 'Til the next report, roll 'em straight and in the pocket!

—Less Lessenthien

...Membership News (continued)

Changes of Address:

Donald D. Walker, 450 Village Place, #100E, Longwood FL, 32779-6154, 321-972-8561

Mark A. Richards, 1 Millay Cir, Pittsford, NY 14534-1722

William F. Gray, 4190 Valley Forge Road, Bloomfield Hills, MI 48301-1221

Tom Nickelson, 791 Hawthorne Drive, Bloomfield Hills, MI 48304-3017

Thomas M. Perkins, 15051 Ford Rd, #104, Dearborn, MI 48126-4698

Ronald G. Gunther, P.O. Box 4718, Troy, MI 48099-4718

New E-Mail Address:

Dale Haskin, dhaskin1gmail.com

Robert Q. Bannon, Bannon31724@comcast.net

To Leave of Absence:

John V. Conti

Donald D. Walker

Resigned:

Harold Twietmeyer

Roy F. Siegel

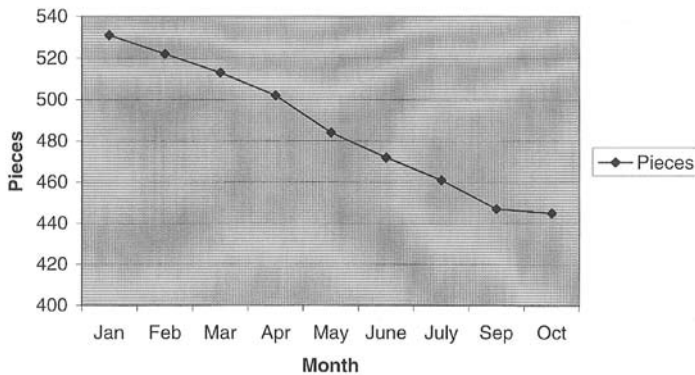
Reminder Mailings

We are mailing 443 copies of the October *Reminder*, down considerably from 531 mailed in January. Much of this reduction and the resultant cost savings is due to members with email telling us we could discontinue their mailed copy. Mike Clement and Dale Schairer are the most recent to make this decision.

We still have 240 members with email addresses also receiving a mailed copy. Why not tell John Steele we can discontinue mailing yours?

—Dick Harper

2010 Reminder mailings



Annual Picnic a Big Success

The Annual Men's Club Picnic on August 17 was a big success with sunny weather, delicious food, fun games, lively entertainment, and great companionship. If you missed the picnic, you missed a good time!

A successful picnic takes a lot of help from a lot of people. Special thanks to all the Club members who helped at the picnic:

Parking: Gil Livingston, Bob Pullar, Art Pope, John Zabriskie and Howie Maichen

Games: Tony DiMarco, Gil Livingston, Roger Struck, Howie Maichen and Riggs Miller

Car Display: Tom Booth, Jon Haber and Wayne Snyder

Prizes: Bob Gualdoni

Drinks: Frank Barnes

Check-In: John Horiszny

Standby Doctor: Ken Urwiller

Supplies: Gil Livingston

Poster: John Wargelin

Weather: John Zabriskie

If you want to be part of the picnic crew for 2011, contact John Zabriskie or Mike Clement.

Senior Health Matters— Age Related Macular Degeneration



Age related macular degeneration (ARMD) is a common cause of loss of central vision required for reading, watching television, recognizing faces and

the performance of other activities of daily living such as driving. It afflicts 10% of the elderly between 65 and 74 and 30% of those over 75.

There are two types of ARMD. Nearly 90% is of the "dry" variety which is characterized by deposits of yellow material called "drusen" that are concentrated in the center of vision of the retina (the back of the eye where light focuses). In this type, vision loss is gradual in one or both eyes. It may progress as distortion of straight lines and reliance on brighter lights or a magnifying glass for tasks that require fine visual acuity.

The "wet" variety is marked by the growth of abnormal blood vessels, which leak fluid and/or blood in and behind the retina. It is characterized by rapid distortion and loss of central vision over a period of weeks to months. Although the wet type is found in only 10% of those with ARMD, it accounts for more than 80% of severe visual loss or legal blindness.

ARMD is twice as common in smokers and is associated with abnormal fat metabolism, history of coronary heart disease or stroke and heavy alcohol intake of over 3 drinks a day. Age, family history and inheritance of specific genes are non-modifiable risk factors as well. It is more common in women than in men.

Treatment began over 40 years ago with the use of thermal lasers to seal off leaking blood vessels followed by photodynamic therapy in combination with a photosensitizing dye. Currently, vascular endothelial growth factor (VEGF) inhibitor is injected into the eye by a retina specialist to reduce abnormal new blood vessel formation. Prevention or slowing the progression of ARMD consists of a diet rich in carotenoids (particularly green leafy vegetables), lutein, zeaxanthin, omega-3 fatty acids (fish), zinc and the antioxidant vitamins C, E and beta-carotene.

Michigan Football— Endowment Fund Lottery

For many Michiganders, October is a favorite month for several reasons:

- cooling weather and sunny days
- peaking and beautiful fall colors
- exciting college football

How would you like to experience each of these by attending a football game in Ann Arbor? All you have to do is participate in a special lottery benefitting the SMC Endowment Fund (and of course be the lucky winner).



The winner will receive two tickets to the Michigan - Iowa football game in the newly renovated U of M stadium, attend a fabulous pre-game tailgate party featuring Michigan President Mary Sue Coleman, and be driven to and from the stadium.

Sound too good to be true? Just bring your wallet and purchase lottery tickets from George Miller or Dick Harper at club meetings on October 1 and 8. The game date is October 16, with kick-off at 3:30PM. The drawing for the lucky winner will be held on October 8, and you don't have to be present to win. Also, note that the tickets would make a great gift if you can't actually attend this exciting event. Go Blue!

—Dick Harper

Norris Lee

Our worst fears have been realized. Birmingham Police found and identified the body of Norris Lee, missing since the September 3 Senior Men's Club meeting. He was discovered around 4:00PM Friday, September 17 lying near a tree in a heavily wooded area near the Rouge River south of Oak Street and west of Woodward Avenue.

The search over the past two weeks was characterized by intense and continuing efforts on the part of the Lee family, church members, Senior Men's Club members, neighbors and the Birmingham Police Department as well as extraordinary support on the part of local media. Their tireless efforts on Norris' behalf constitute an enduring credit to the entire community and a legacy of insights for all involved.

A memorial service will be held Saturday, October 30 at 2:00PM at the First United Methodist Church, 1589 W. Maple Road, Birmingham.

—Chuck Kirkpatrick and Dick Harper

Restaurants Support Picnic

Again this year, several local restaurants provided great support in the form of Door Prize awards at our Annual Picnic. Prizes averaged about \$50 for a dinner for two and will ensure an enjoyable evening of fine dining for lucky members and guests.

Contributing restaurants were:

- Somerset Inn
- Sweet Lorraine's Café & Bar
- Andiamo Italia West
- Peabody's Dining & Spirits
- Beau Jack's
- Topz Healthier Burger Grill
- Big Rock Chophouse
- The Community House
- 220 Merrill

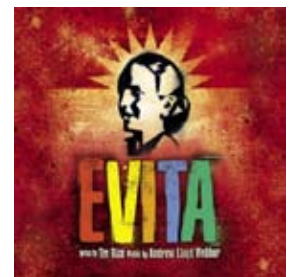
We urge members of the Senior Men's Club to frequent these fine restaurants. While there, identify yourself to the management and let them know we appreciate their support of the Men's Club.

Our top door prize, from the Heathers Golf Club of Bloomfield, was a very generous donation of a one year weekday golf membership, including dining privileges at the clubhouse. They deserve our thanks and support.

—The Picnic Committee

Stratford Trip Reminder

We want to thank the membership for their enthusiastic response to our October 7 trip to Stratford to see the smash hit musical, "EVITA." Please check at the Special Events desk to see if tickets are still available.



Please note the date is Thursday, October 7 and not Wednesday, October 6 as previously indicated.

For those lucky people who will be accompanying us to Stratford, we want to remind you that U.S. Immigration Law requires visitors to Canada have a valid passport or an Enhanced Drivers License or an Enhanced Personal Identification Card. To ensure we will not have a problem at the border, we will check your ID prior to boarding. See you on the bus!

—Special Events, Stratford Committee

Groups



Classic Movie Group

On Monday, October 4 at 1:00PM in the Hackett Room, Bill Spreitzer will showcase the 1935 film classic, "Mutiny on the Bounty." Starring Charles Laughton as Captain William Bligh, Clark Gable as Fletcher Christian and Franchot Tone as midshipman, Roger Byam, this film is the only one in history to receive three Best Actor nominations and it won the Oscar for Best Picture. The movie chronicles the real-life mutiny aboard the Bounty where the villain Captain Bligh's cruelty towards the crew and most of the officers leads Christian to mutiny. It is considered the best of the three films about the famous ship.



—Augie Perrotta



Investment Group

On Wednesday, October 6 at 2:45PM, Timothy Anderson, V.P. - Private Wealth Management, J.P. Morgan, Bloomfield Hills office will speak on "Investing in a Low for Longer Interest-Rate World." He will discuss alternative investment strategies to generate higher income in today's low interest rate environment. Beware Bond Funds! Please note this meeting is a week earlier than normal.

The Stock Game will begin on October 8; have your picks and \$10 ready.

—George Miller



Computer Group

The Computer Group will meet on Wednesday, October 20 at 3:00PM. Larry Kulp will address the group. His subject will be "The Fatal Virus Attacks and a Comprehensive Look at Windows 7."

—Bob Chandler



Camera Group

Our Camera Group still is short of members who volunteer to show us their pictures or videos of trips they made or discuss specific photographic techniques they employed successfully.

I will show a video on Andalusia in Southern Spain and the great art produced there, when Muslims, Christians and Jews harmoniously worked together in the Middle Ages. That meeting of the Camera Group will be on Tuesday, October 12 at 2:00PM. Given the debate about the proposed Cordoba mosque near Ground Zero in New York, this video may have more significance, even though my family did bypass the city named Cordoba. Hope to see you at the Camera Group meeting in October.

—Jaap B. Delevie



Book Reading Groups

On Wednesday, October 6 at 10:30AM, we will be discussing "Our First Revolution" by Michael Barone. Political journalist and historian Barone elucidates the template for America's independence movement in this well-written history of its forerunner: England's Glorious Revolution of 1688. The author describes the origins of the revolution, a mostly bloodless change of government, as a mixture of religious, political and diplomatic factors.

On Monday, October 18 at 3:00PM, we will be discussing "Mister Pip" by Lloyd Jones. Set against the stunning beauty of Bougainville in the South Pacific during the civil war in the early 1990s, Lloyd Jones's breathtaking novel shows what magic a child's imagination makes possible, even in the face of terrible violence, and what power stories have to fuel the imagination.

Our Book Reading Groups continue to encourage Senior Men to come in as guests to experience the discussion. It makes no difference if you have read the book or not. We hope you will want to join either one or both groups. The meetings last about an hour and a half.

—Ted Chapekis

Christmas Dinner Dance



The annual SMC Christmas Party will be held on Wednesday evening, December 8, 2010 at the San Marino Club. The evening will include a social hour, with hors d'oeuvres and cash bar, a fantastic dinner and entertainment. Due to popular demand, we have arranged for a cool dance band to perform for your listening and dancing pleasure. The band plays a mix of golden oldies with a few more current songs to keep the juices flowing.

MARK YOUR CALENDAR NOW and watch upcoming *Reminders* for details on ticket sale dates, price and menu choices. This promises to be a spectacular evening

—Special Events, Christmas Party Committee

John Villa Honored



Member John Villa recently received a most prestigious award from Blue Cross/Blue Shield of Michigan. This award - the Blue Cross/Blue Shield of Michigan Claude Pepper Award - is given annually to outstanding senior advocates who demonstrate a strong concern for the special needs of the elderly.

John was selected as one of two award recipients for 2010, being honored for "the tremendous work you do in the community." In addition to the award, a \$1000 check was given to a Michigan non-profit organization selected by John.

Congratulations, John, for epitomizing the "rendering of service" element of the mission of the Senior Men's Club.

—Dick Harper

Outstanding Service Award



Each year, the Senior Men's Club considers selecting a member to receive the Outstanding Service Award. This prestigious award is intended to recognize long standing and meritorious service to the club by the selected honoree. Our Policy Committee is authorized to determine the member (or members) to be honored yearly. Awards, if made, are normally presented at the end of a calendar year.

Any club member or associate can recommend a candidate for consideration for this award. Recommendations should include brief supportive rationale and can be delivered to any member of the Policy Committee - Chairman Ken Urwiller, Bob Pullar, Frank Barnes, Bill Johnson, Jack McLaughlin or Irv Poston.

—Dick Harper

SMC 2011 Dues Coupon

2011 Dues are payable before January 1, 2011. A \$10 late fee **must** be added for dues paid after January 1, 2011. Make checks payable to SMC and pay at the meeting or by mail. Please use the coupon if paying by mail.

Name: _____

Address: _____

City/State/Zip: _____

Phone: _____

Email: _____

If paying by mail, send to:
Senior Men's Club - Dues
The Community House
380 South Bates Street
Birmingham, MI 48009

Dues:

- \$40 Active Member
- \$40 Associate Member
- \$20 Member on Leave

Life Members are not required to pay dues, but may use the coupon to make a voluntary contribution for financial support of our Club.

Mystery Lyrics

Our September musical questions focused on the Ted Weems big band and proved to be quite challenging. We asked if readers could recall his one big hit and the name of the whistler he used on some of his recordings.

Three members remembered both - his biggest hit by far was "Heartaches," and his whistler was Elmo Tanner. Congratulations to John O'Brien, George Clark and Ralph Bowen. In addition, Dick Secrest and Tony Smyk remembered "Heartaches," while Sherwin Vine and Chuck Himelhoch came up with Elmo Tanner. (Not many Elmos around these days).

Here's another mystery lyric challenge for you. The lyric lines are:

*I viewed the morning
with much alarm
The British Museum
had lost it's charm*

Can you name that tune? - a great Gerschwin song, recorded by many including Frank Sinatra and Judy Garland.

We have run out of big band theme songs to test you. So how about this challenge, especially for jazz fans. Benny Goodman formed a great Jazz Quartet in the 30's. Can you name the three outstanding sidemen who joined him? Well, how about two of them?

—Dick Harper



CLUB DATES TO REMEMBER

Executive Board Meeting: Tuesday, October 19, 9:30AM

Reminder Deadline: Friday, October 22

Games

Bowling: Monday, 9:00AM at Thunderbird Lanes

Wednesday, 9:30AM at Thunderbird Lanes (practice)

Bridge: Tuesday, 9:00AM and Friday after lunch

Golf: Thursday, 9:00AM at Springdale

Special Events

"Evita" at Stratford, Thursday, October 7, 8:15AM

Christmas Dinner Dance at San Marino Club, Wednesday, December 8

Group Meetings

Book Reading Groups: Group A: Wednesday, October 6, 10:30AM

Group B: Monday, October 18, 3:00PM

Classic Movie Group: Monday, October 4, 1:00PM

Camera Group: Tuesday, October 12, 2:00PM

Investment Group: Wednesday, October 6, 2:45PM

Computer Group: Wednesday, October 20, 3:00PM

All events at The Community House unless otherwise stated.

SMC on the Web:

<http://www.communityhouse.com/getInvolved/interestGroups/SeniorMensClub.html>

Google Group: <http://groups.google.com/group/SMCBirmingham>

THE REMINDER

A monthly publication of the Senior Men's Club of Birmingham, which meets on Fridays at 10:30 AM at The Community House, 380 South Bates Street, Birmingham, Michigan 48009.

Officers for 2010 are: Irvin E. Poston, president; John S. Flintosh, first vice president; Charles B. Kirkpatrick, second vice president; David A. Schwartz, recording secretary; Dennis J. Kozak, corresponding secretary; William L. Sprague, treasurer; Richard E. Shirley, assistant treasurer; Robert W. Jordan and Roger T. Struck, officers at large; Bill Crabtree, parliamentarian.

THE REMINDER includes: Dick Harper, editor; Chuck Kirkpatrick and Bill Reilly, associate editors; Bill Shaffmaster, Tom Booth and John Reddy, photography; Lee Trumbull, computer layout; Bob Jordan, mailing.

Senior Men's Club of Birmingham
380 South Bates St., Birmingham, MI 48009
www.communityhouse.com



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