

The Reminder



June 2014

Senior Men's Club of Birmingham, Michigan

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Jim and Nancy Schaefer Combined for 30 Years with SMC

When the SMC inducted Jim Schaefer to membership in 2001, the club didn't realize that Jim was only half the "package." The other half of course, was his wife Nancy.

Jim and Nancy have served the Club in a variety of ways for many years. On most Fridays, Nancy is one of the Club's hostesses, making sure that members and guests receive outstanding service. Jim has been active in the annual TCH Fund Drive, a long time member of the Special Events Committee as well as one of our better golfers.



He is also active in the Oakland Children's Village, The Community House, Northbrook Presbyterian Church, the Boy Scouts, homeowners associations and of course U of M Athletics.

Professionally, Jim refers to his career as "selling steel," reflecting his associations with Armco Steel, Republic Steel and Roth, Inc. As a naval aviator on active duty, he flew multi-engine aircraft on the Pacific Barrier during the Cold War, providing intelligence gathering and surveillance of Soviet activities. As an active reservist, Jim flew various aircraft in anti-submarine warfare. His military career covered 27 years and included C.O. assignments at NAS Grosse Isle and Selfridge.

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JUNE PROGRAMS

JUNE CHAIRMAN: Perry Driggs

- 6 Senator John Pappageorge, 13th District, Michigan *Lansing Update & Military Servicemen*
- 13 William Schuette, Attorney General, Michigan.....*Doing It Right in Michigan*
- 20 Tom Wilson, President & CEO, Olympia Entertainment..... *The Future of Detroit & The New Arena*
- 27 Robert Glass, Superintendent, Bloomfield Hills Schools*Preparing Students to Lead in the Future*

JULY PROGRAMS

JULY CHAIRMAN: Gene Weiss

- 4 NO MEETING

JUNE DISCUSSIONS

JUNE CHAIRMAN: John Perryman

- 6 Roger Pryor, SMC Member *Christianity in China*
- 13 Frank Gordon, SMC Member..... *Helping Active Seniors*
- 20 George Moore III, SMC Member..... *Do You Need One Trust or Two?*
- 27 Barbara Urbrel, Director of Development, Angels Place.....*Helping Others in Need*

JULY DISCUSSIONS

JULY CHAIRMAN: Augie Perotta

- 4 NO MEETING

New Member:



Robert C. Sparks
7955 Ranch Estates Road
Clarkston, MI 48348-4026
248-391-3354
E-mail: Sparks7955@comcast.net
Sponsor: David Ladd

To Life Member:

James K. Holden
Theodore H. Chapekis
Roger R. Vogel
David L. Tennent

Resigned:

Robert E. Conklin

Deaths:

Robert E. Jackson, joined June 2002
Paul J. Pentecost, (Life) joined February 1996

New Associates:

J. Ralph W. Gartner
667 Brockmoor Ln.
Bloomfield Hills, MI 48304-1415
248-709-8480
ralphgartner@comcast.net
Sponsor: John Paesano

Puranchander Shetty
6710 Cascade Ct.
Clarkston, MI 48348-4855
248-707-6303
chanderone@gmail.com
Sponsor: Pete Mehra

Verlin J. Warnock
28551 Venice Ct.
Farmington Hills, MI 48334-4148
248-737-4406; verlinjw@earthlink.net
Sponsor: Bill Sprague

Thomas R. McAskin
1948 Crosswick Rd.
Bloomfield Hills, MI 48301-4154
248-644-4751; mcaskin@butzel.com
Sponsor: David Ladd

William Hiotaky
31430 Fromm Dr.
Bingham Farms, MI 48025-4457
248-540-0014; bhiotaky@comcast.net
Sponsor: Bob Gardner

—Pete Kass, Membership Chairman
—Robert Beach, Database Chairman
—Bill Shaffmaster, Tom Booth
& Gene Markel, Photography

Summer Dress Code

President John Steele has announced that our summer dress code will be in effect at Friday meetings during June and July. Coats as well as ties will be optional - collared shirts are OK. Please remember that we want to maintain our reputation as being the best dressed men in Birmingham.



Associates Orientation Meeting

The next Associates Orientation meeting will be held Friday, June 13 at 9:00AM at The Community House, prior to the scheduled Club meeting. All Associates are invited to attend.

—John Klein



Games



Monday Golf

The official season is already one third over and the weather has not been cooperating. By Monday, May 12th, our stalwart golfers had posted only three birdies: Pete Good on #8 and Dick Bradley and Bob Gualdoni on #2. Closest to the pin have been Dick Bradley, Pete Kass, John Paesano and George Stern. Lots of scores at 45 or under. Best rounds have been by Tim McGee at 39, Dave Zimmer at 40 and Phil Owen, Tony Parrottino and Cliff Snedeker at 41. Newcomers are Jim Bhavnagri, Tim McGee and Tom Rowley. Attendance has been only 22, 15, 26 and 29 per week. So there is plenty of room for more.



Come on out and give it a try.

—The Committee



Thursday Golf

Like last year, the incantations to the selected weather goddesses have fallen on fallow ground. Perhaps if we had included a little cash we would not be rained or frozen out so often on Thursdays.



The Committee will now switch its incantations to the Hindu Mother Goddess Aditi in hopes she will give us warm, dry, and toasty Thursdays for the remainder of the summer.

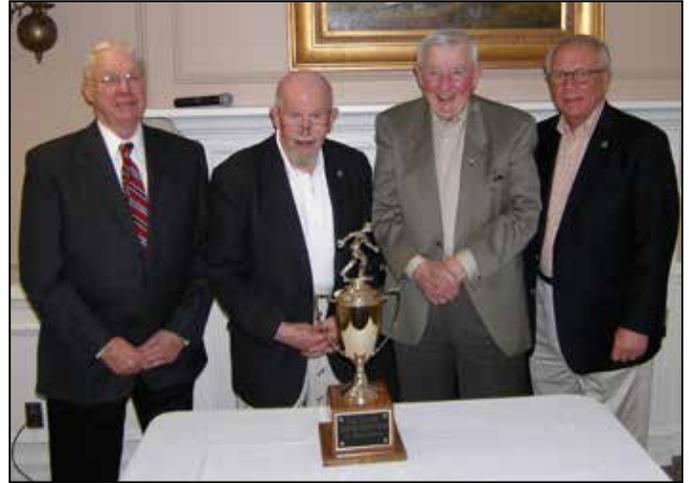
As of press time, Thursday Golf has recorded only 25 rounds. Through these 25 rounds, the new starting format is working very well. The new format requires that golfers gather their partners, pay the green fees, and queue up at the first tee when all members have arrived.

The Big Bonus Bucks Program will commence in June and continue until the week before the Annual Tournament. The prize will begin at \$5 and continue to grow until some golfer wins. The Bonus Bucks are won when the golfer meets these criteria: On hole number 6, be closest to the pin, positioned six feet or more from the cup, and sink the putt for a birdie.

Hit them high, hit them long, and hit them straight.

—Chuck Travers

Bowling



2013-14 Bowling Champs

Chuck Frederick, George Moore, Dennis Kozak, Dick Kamp

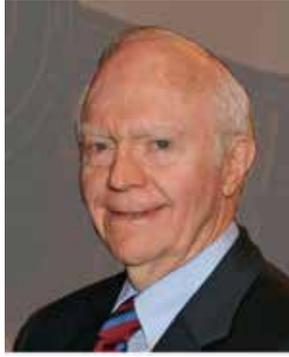
BOWLING HEALTH BENEFITS
SMART BOWLER
WHERE SMART BOWLERS SHINE

HOW BOWLING CAN IMPROVE YOUR HEALTH

- Burns Calories**
Bowling burns roughly 240 calories per hour of activity.
- Strengthens**
It strengthens and tones your arm, shoulder, chest, and leg muscles.
- Heart Fitness**
It improves heart and respiratory fitness.
- Endurance**
It increases endurance while maintaining bone density.
- Metabolism**
It speeds up your metabolism.
- Walking Distance**
An average bowler walks an average of 60 feet per turn, or about 8/10 of a mile in a three-game series.
- Mental**
The social aspect of bowling helps improve your mental outlook.
- Education**
The millions of dollars of scholarships awarded annually to youth bowlers help them reach their educational goals, which keeps our nation as a whole healthy.

New Life Member Jim Holden

Our newest Life Member is Jim Holden, who was born in Birmingham and lived here for his first 28 years. His first job was as a paper boy, serving customers along Woodward and around the Barnum School. Schooling was at Holy Name, Barnum and Baldwin High, followed by four years at the University of Detroit, where he majored in foreign trade.



After graduation in 1952, the Army draft came along and Jim found himself in the Military Police Corps for two years, highlighted by serving as an atomic bomb observer in desert trenches at Yucca Flats, Nevada. His military career is reported in the club booklet "Wars of Our Generation."

Jim's working career was with Chrysler Corporation - mostly in Export Operations in the Detroit area. He did spend time in Geneva and at the Chrysler Building in New York selling vehicles and parts.

He married Joann, a Detroit school teacher and a Marygrove College biology major, in 1957. They have four children and four grandchildren - none of whom live in Michigan. Jim retired in 1988 and after six years as an Applicant became a SMC member in 1994. He and his wife volunteer with Pontiac's Oakland County Services, are involved in Meals on Wheels and in church activities. Jim is a tenor at St. Owens.

Congratulations and welcome, Jim!

—Dick Harper

...continued from page 1

Jim and Nancy Schaefer

Jim and Nancy have continued to be active in retirement, especially in Club events and programs. They have been married since 1954 and have lived in the Birmingham area for 50 years. They have 3 children, 8 grandchildren and 2 great grandchildren.

Congratulations, Jim and Nancy!

—Chuck Ragains

Senior Health Matters Stroke Prevention

On May 1st, the American Heart Association issued new guidelines on prevention of stroke. As in 2011, the new guidelines emphasize the importance of blood pressure, cholesterol, weight and exercise but also include important new recommendations.



- Screening stroke and transient ischemic attack (TIA) survivors for diabetes and obesity
- Possible screening for sleep apnea
- Possible nutritional assessment and advice to follow a Mediterranean diet
- Long-term monitoring for atrial fibrillation (AF) for those who had a stroke of unknown cause
- Use of the new anticoagulants in specific situations
- Awareness of the role of aortic arch atherosclerosis and pre-diabetes as a cause of stroke

More than 690,000 US adults experience an ischemic (due to a blood clot) stroke each year with an additional 240,000 having a TIA. All of them have an average annual risk for future ischemic (loss of blood supply) stroke of 3% to 4%.

—Augustine L. Perrotta, DO



Sherwin Vine and Ben Mangiapane

SMC Members Recognized

SMC members and Birmingham Area Senior Center volunteers Sherwin Vine and Ben Mangiapane gleefully show their volunteer awards; lunch boxes with toy cars. They pack lunches for the Meals on Wheels program. Sherwin will be 97 in July. He is a WWII veteran and fought in the Battle of the Bulge.

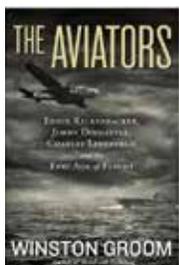
—Steve Stoltz

Groups

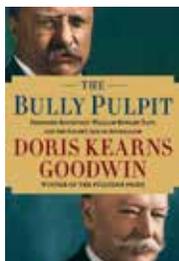


Book Reading Groups

On Wednesday, June 4 at 10:30AM we will discuss "The Aviators" by Winston Groom. Groom is the author of many works of military history. We owe this legacy to three extraordinary men. The first is Eddie Rickenbacker, America's top ace during World War I, who, as an executive at Eastern Airlines in the 1930s, helped to lay the foundation of modern commercial air travel. The second is James Doolittle, the Ph.D. in aeronautical engineering who as a record-breaking racing flier introduced high-performance, high-octane fuel to the aviation industry. The third is Charles Lindbergh, whose solo flight across the Atlantic in 1927 triggered an explosion of interest in air flight in America.



On Monday, June 16 at 3:00PM we will discuss "The Bully Pulpit" by D. Kearns Goodwin. Her success in writing this sweeping tale of early 20th century politics, the relationship between Roosevelt and Taft, and the investigative impact of journalism is her ability to humanize the past. This is a swiftly moving account of a friendship that turned sour, broke a political party in two and involved the press corps. Goodwin's focus on those in the background layers the reader's understanding of the era and enriches the reading experience.



—Ted Chapekis



Investment Group

Our Stock Game winners and other successful member investors will share their investment wisdom and strategies on Wednesday, June 11 at 2:45PM. This will be our last meeting until September and any member suggestions as to improving group meetings will be welcome.

Bob Rossi, who is in an all cash position, maintains first place in the game with 54.3% gain. Joe Samyn is close behind with a 49.9% gain. Will he catch Bob? Bob Veres jumped into third place, followed closely by John Reddy and 10 other SMC members - a close contest! Remember, you can sell/buy on any Friday, but the game ends May 31. Stay tuned for the winners from our prize fund of \$580.

—George Miller



Classic Movie Group

"Stalag 17" is about a group of American airmen held in a German Luftwaffe WW II prisoner-of-war camp somewhere along the Danube River. The camp holds 640 sergeants-all enlisted men from bomber crews, gunners, radiomen and flight engineers. When two escaping prisoners are killed, an informant is suspected.



Produced and directed by Billie Wilder, it stars William Holden as the reluctant hero and Otto Preminger as the sadistic commandant of the camp.

It is a lusty comedy melodrama loaded with bold masculine humor. The film will be shown by Jon Haber on Monday, June 9 at 1:00PM.

[Click here to view the trailer on the SMC website.](#)

—Augie Perrotta



Computer Group

The Computer Group will meet on Wednesday, June 25 at 3:00PM. The guest speaker will be Rodger Gach of Rod's Computers. Rodger will explain how to tune up your computer to keep it running efficiently and trouble free. He will identify what he considers the best free anti-virus and malware programs available today. There will be time for questions at this meeting.

—Ron Denton



Camera Group

On Tuesday, June 10 at 2:00PM, Mike Mann of Best Buy Mobile will be our guest speaker. His subject will be "Photography and New Technology" and will cover changes in photography brought about by smartphone cameras. He will be demonstrating the photography capabilities on the newest smart devices in comparison with traditional cameras. He will also show how to easily share photos with others and view them on televisions. Mike will answer questions about how new technology is changing the way we view photography today, and he will have display models and handouts.

—John Slocum and Irv Poston

Special Events

Last Call for Volt Tour!

June 3 is the date! Tickets went on sale Friday, May 16 for the tour of the GM Hamtramck Assembly Plant where the Chevrolet Volt is assembled. The bus leaves the First Presbyterian Church parking lot at 10:30AM and returns about 3:00PM after a hearty lunch at the Dakota Inn. Tickets are priced \$30 each. See you on the bus!



—Art Pope and Roger Struck

Remembering D-Day 70th Anniversary

The Senior Men's Club is honoring all Club members who are World War II veterans at our meeting on June 6, 2014 - the 70th anniversary of D-Day. All veterans and a guest are invited to attend this meeting and to enjoy a FREE LUNCH at noon. This is the Club's way of saying thank you for saving the free world.



You are encouraged to wear any memorabilia that you may have such as caps, uniform, medals, etc. If you know other Club members who are WWII vets, please make them aware of this special invitation.

If you can attend, please RSVP by June 1. Contact Jim Bayson at 248-681-4672 or jamesbaysoncpa@aol.com.

—Jim Bayson

2014 Detroit River Cruise

This year's River Cruise will be on Wednesday, July 23 and should be a spectacular event.



Our bus will leave the First Presbyterian church at 9:15AM for downtown Detroit where we board the cruise ship Diamond Queen. Once underway, we will pass the Detroit/Windsor downtown areas and cruise up river past the Grosse Pointes into Lake St. Clair. We will then reverse course and finally dock at the Detroit Yacht Club on beautiful Belle Isle.

Lunch will be in the second floor Fountain Room which has a beautiful view of the DYC Harbor and the Detroit River. Lunch will include salad, sides and your choice of Chicken Picatta, Filet of Michigan Whitefish, or Petit Filet of Beef Tenderloin. Dessert will be your choice of Chocolate or Raspberry Mousse. A cash bar will be available on the ship and at the club.

Following lunch, we will have a tour of the club facilities and highlights of its 100 plus year history. On our way home, we will circle the island. For long time Detroiters, this should bring back memories of picnics, canoeing, ice skating, swimming and golf. Belle Isle is still beautiful. We will arrive back at the church around 4:00PM.

We have arranged for two busses for this event. The all-inclusive price is \$55 per person. Tickets will go on sale on Friday, June 24. We encourage you to get tickets early as our river cruises are usually an early sellout. See you on the bus.

—River Cruise Committee

Toledo Mud Hens Baseball a "Big Hit"



Attendance Research

Chairman Dave Dinger of the Attendance Committee recently reported to the Executive Board that a significant number of our members did not attend any Friday meetings in 2013.



This of course triggered a discussion of causal factors and resulted in a Board approved plan to conduct phone research with such members as to reasons for non-attendance.

Dave recruited a team of Attendance Committee members, a questionnaire has been developed and phone contacts are under way. It is speculated that reasons could include dissatisfaction with scheduled speakers, objections to the business portion of the meetings, outside activities or commitments, health, distance and travel considerations, etc. Members will also be asked how the Club could be improved and attract their attendance.

—Dave Dinger and Dick Harper

The Genealogy Group

The Genealogy Group held its first meeting (actually second since only 3 attended the real first one) meeting on Monday, May 5. Fourteen men and one lovely wife were eager to get started.



The group will meet on the first Monday of the month from 2:00 to 3:00PM at The Community House. It was agreed that our objective is to share resources among ourselves and also use outside resources in an effort to learn to better research our ancestry. Each month we will take turns moderating the meeting. Our next meeting will be led by Richard Steele who has extensive experience that he is willing to share with us. Wives, daughters, girlfriends are invited to join us. The 2014 meeting dates are June 2, July 7, no meeting in August, September 8, October 13, November 3, and December 1. Please join us..

—John Groves, Coordinator

Annual Fund Drive

The Community House Annual Fund Drive is a necessary part of our Senior Men's Club way of life since both The Community House and our SMC as we have known it, depend greatly on the success of the Fund.

Fortunately from both perspectives the drive has been a success, both in the wake of The Community House leadership headed by Camille Jayne and the resounding response from the SMC.

This year to date we are duplicating - and in fact have surpassed - the results from last year's all time record contributions.

As is well understood, we receive in benefits as much and more than we contribute to TCH, so these yearly donations are appropriate as well as commendable. We are half way to our 2014 goal - thanks to you who have contributed, and, in anticipation, thanks to the rest of you members of the best men's community organization that we know of in America.

—Jack McLaughlin

Member Testimonials

The Publicity Committee under Chairman Chuck Ragains is continuing to look for ways to communicate the multi-faceted activities of our Club and how to attract additional members. One suggestion the committee has received in this regard is to solicit and publicize member testimonials as why they belong to the SMC and what they really like about membership.



Here's where you can contribute. Think about your reasons for belonging and things you really appreciate about the Club. Maybe you should approach this in terms of what you would say about the SMC to a member prospect. Put it in writing and send it to the undersigned and watch for your name and thought in print.

Thanks for your help! (RNHarper32@comcast.net)

—Dick Harper

Mystery Lyrics

Last month's mystery lyrics challenge proved to be more difficult than anticipated. We asked if you could name the tunes containing these lyric lines:



- ♦A trip to the moon on gossamer wings♦
- ♦Where have you gone, Joe DiMaggio?♦
- ♦Folks around these parts get the time of day♦

Only Chuck O'Connell and Clay Gordon knew that the songs are "Just One of Those Things," "Mrs. Robinson" a Simon and Garfunkel tune from "The Graduate" and "Atchinson, Topeka and the Santa Fe" - a Johnny Mercer tune. Stan Rogell got the first two and Bob Seeley got the great Cole Porter tune.

OK - this month you get a personal favorite. The undersigned was a fan of Mama Cass Elliot, so here's a line from her biggest solo hit:

Night breezes seem to whisper I love you

Can you name that tune?

Sports Trivia

We asked readers to remember two great World Series outfield plays - the Cleveland Indian who hit the ball Willie Mays caught in 1954 and the Brooklyn Dodger who caught the ball Joe DiMaggio hit in 1947. The answers are Vic Wertz (the one-time Tiger) and Al Gionfriddo. Four of our members - who really know their baseball history, got both of these. Hearty congratulations to Pete Kass, Lynn Evans, Jack McLaughlin and Dick Smith. Clay Gordon remembered Mays and Wertz.

OK - here is a different sports challenge for you. Can you fill in the blank in the following very memorable sports line "_____ is moving like a tremendous machine?"

—Dick Harper

THE REMINDER

A monthly publication of the Senior Men's Club of Birmingham, which meets on Fridays at 10:30AM at The Community House, 380 South Bates Street, Birmingham, Michigan 48009.

Officers for 2014 are: John M. Steele, president; George L. Stern, first vice president; Eugene P. Jacoby, second vice president; Richard A. Kamp, recording secretary; Charles J. Blank, corresponding secretary; John P. Groves, treasurer; James A. Bayson, assistant treasurer; Robert L. Babcock and Charles D. Basch, officers at large; George A. Grove, parliamentarian.

THE REMINDER includes: Dick Harper, editor; Chuck Ragains, and John Flintosh, associate editors; Tom Booth, Bill Shaffmaster, and Geno Markel, photography; Mary Kennedy, computer layout; Bob Jordan, mailing.

Senior Men's Club of Birmingham
380 South Bates St., Birmingham, MI 48009
www.tchserve.org

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CLUB DATES TO REMEMBER

Executive Board Meeting: Tuesday, June 10, 9:30AM

Reminder Deadline: Friday, June 20

Games

Bowling: Wednesday, 10:00AM at Thunderbird Lanes (Practice)

Bridge: Tuesdays at 9:00AM and Friday after lunch

Monday Golf: 7:30AM at Lincoln Hills

Thursday Golf: 7:00-9:00AM at Springdale

Special Events

Volt Plant Tour: Tuesday, June 3, at 10:30AM

Detroit River Cruise: Wednesday, July 23, at 9:15AM

Group Meetings

Book Reading Groups: Group A: Wednesday, June 4, at 10:30AM

Group B: Monday, June 16, at 3:00PM

Classic Movie Group: Monday, June 9 at 1:00PM

Camera Group: Tuesday, June 10, at 2:00PM

Computer Group: Wednesday, June 25, at 3:00PM

Investment Group: Wednesday, June 11, at 2:45PM

All events at The Community House unless otherwise stated.

SMC ON THE WEB:

www.seniormensclubbirmingham.com

www.tchserve.org/outreach-and-clubs/clubs/senior-mens-club-of-birmingham



BASEBALL TRIP A "BIG HIT"



Photos Courtesy of Tom Booth, Jim King and Dick Kamp

