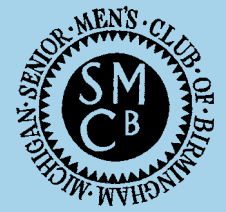


The Reminder



May 2016

Senior Men's Club of Birmingham, Michigan

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- 4 Spring Has Sprung
- 5 Name That Dude
- 6 Special Events
- 7 Speakers Needed
- 8 Mystery Lyrics and Sports Trivia



Swarn Rajpal M.D. Representing the Indian Community

The Senior Men's Club's initiatives to attract new members have resulted in a highly diverse roster. It includes automotive executives, doctors, attorneys, and educators to name a few.

Swarn Rajpal, a member of the Indian community, is an example of the opportunities available to new members. He is the "unofficial ambassador" of the Indian community to the Senior Men's Club. "I see my role as that of a facilitator of two-way communication. We want the public – including the Senior Men's Club – to know about our community. By the same token, we see the need among our members to be more familiar with the larger community. In short, we see great synergy between the two groups."



When Swarn joined the Senior Men's Club he made a point of getting involved in a number of activities that appealed to him: Golf, Bridge, Reading Group, and

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MAY PROGRAMS

MAY CHAIRMAN: Jon Haber

- 6 Stephanie Bergeron, President & CEO, Walsh College..... *Walsh College Today*
- 13 Michael Lavoie, Partner, Butzel Long *Terrorism, Coups d'Etat and the Resilience of Democracy*
- 20 John Clor, Automotive Journalist & Author *Ford's Mustangs That Never Were – by Design*
- 27 Major Thomas Shields, U.S. Marine Corps, MEPS Command *Reflections on Memorial Day*

JUNE PROGRAMS

JUNE CHAIRMAN: Art Kaye

- 3 Thomas Libby & Mark Seng, Directors for IHS Automotive *Records Fall: New Vehicle Industry Overview*

MAY DISCUSSIONS

MAY CHAIRMAN: Larry Imerman

- 6 Peter Landon, Organizer, Teamsters for a Democratic Union *Labor Unions and the 2016 Election Cycle*
- 13 Padma Kuppa, Bharatiya Temple, Troy *The Hindu American Story: Promoting Peace*
- 20 Dan Carmody, President, Eastern Market Corp..... *Eastern Market Today and the Future*
- 27 Bob Kenning, SMC Member *Volunteering for Nonprofit Boards: Building Stronger Community*

JUNE DISCUSSIONS

JUNE CHAIRMAN: Roger Krieger

- 3 Lisa Mammoser & Heidi Osborn, Speech Pathologists, Beaumont Health Center *Memory Tidbits for Daily Living*

New Members:



Andrew G. Acho
6522 Roseberry Circle
West Bloomfield, MI 48322-3177
248-661-0066
E-mail: AndrewAcho@yahoo.com
Sponsor: John Flintosh



Donald F. Kosch
9 West Lane Ct
Dearborn, MI 48124-1131
313-319-1711
E-mail: DFKosch@hotmail.com
Sponsor: Pete Kass

New Associates:

Jon L. Greenawalt
41260 Woodward Ave., #49, Bloomfield Hills MI 48304
248-330-7342; E-mail: jgreenawalt@pmpcoach.com
Sponsor: Gerald Moore

Michael Juras
1990 Hillwood Ct., Bloomfield Hills, MI 48304
248-594-3863; E-mail: mikefjuras@hotmail.com
Sponsor: Gene Jacoby

Charles T. Robinson
344 Yarmouth Rd., Bloomfield Hills, MI 48301
248-644-5203; E-mail: charlesrobinson09@live.com
Sponsor: Tim McGee

To Life Member:

Charles S. Himelhoch
Daniel S. McNulty

Resigned:

Joseph K. Knollenberg
Jess R. Soltess

Reinstated:

Associate **Edmund Flynn**

Deaths:

Omer A. Petti (Life), joined November 1985
William H. Crabtree (Life), joined April 1999

—Pete Kass, Membership Chairman
—Robert Beach, Database Chairman

—Bill Shaffmaster, Tom Booth & Gene Markel, Photography

Sign-In at Friday Meetings

As long time members will remember, our club used to require them to attend a minimum of ten meetings per year, signing in on arrival at TCH. This proved to be a hardship and an impediment for some members, especially any with health problems. In addition, required attendance was an impediment for membership consideration for some candidates.

Hence, this requirement was dropped some time ago. However, your Club continues to urge members to sign-in on arrival at Friday meetings, for two major reasons:

- Strong attendance at our meetings contributes importantly to our ability to attract good speakers, who certainly are more motivated to appear for larger audiences.
- Your club certainly wants to keep in touch with members. Knowing you attend meetings is important and non-attendance at Friday meetings also alerts us to the possible need for member support or assistance.

Recent meeting attendance counts have been on the decline. While adverse weather may have been a factor, we are aware that not all attending members sign-in. Attendance Chairman John Perryman conducts simple head counts which evidence this shortfall. Members are urged to sign-in on Friday mornings – thanks for this support.

—Dick Harper

Burma Shave Favorite

Spring has sprung
The grass is ris
Where last years
Crazy drivers is!

Groups



Reading Groups

In her "River of Doubt: Theodore Roosevelt's Darkest Journey" Candice Millard tells us how Theodore Roosevelt, after running for president in 1912 on the Bull Moose ticket, explored a remote tributary of the Amazon River, and nearly lost his life. The expedition was led by the legendary Brazilian explorer, Col. Cândido Rondon, without whom the 22 men in the expedition would have perished. Reading Group A will discuss this book on Wednesday, May 4 at 10:30AM.

Later in the month, the Reading Group B will discuss Richard Price's "The Whites", which Joyce Carole Oates has described as "a procedural cum thriller." She tells us that the book "doesn't race so much as lurch and careen along." The criminals with whom the police detectives become most obsessed are called "Whites"—the allusion is to Moby Dick, the White Whale that is Ahab's preoccupation. We will discuss this book on Monday, May 16 at 3:00PM.

—Frank Auld



Camera Group

The Camera Group will meet on Tuesday, May 10 at 2:00PM. The presentation will be given by SMC member Tom Booth, who is Chairman of our Photography Committee and a member of our Camera Group. He is working closely with the SMC Database Committee in providing photos for the Membership Directory on our website. This photo directory will be incorporated into a larger handbook next year.

Tom will talk about "How Does Your Photo Get Into the Photo Directory?" Currently, over half of the photos are in the web directory, but that means that about half are missing and you need to contact Tom. Even if your photo is there, it will be interesting to hear what Tom does to get it there. He will describe the many sources of photos; the most common is a photo taken at a Friday meeting. But he can work with group photos or other photos taken elsewhere. Editing consists of adjusting light, cropping, sizing, and resolution. Come hear how Tom works his magic to put your photo in the directory.

—Irv Poston



Investment Group

On Wednesday, May 11 at 2:45PM, John Abbott, owner of Abbott's Corp. on Woodward, will present "How to Invest in Precious Metals (silver and gold)." John is a Master Gemologist appraiser. The Homeland Security Agency uses him to appraise illegally seized items, since John is highly rated nationally. Gold has been one of the best investments this year - if and when inflation returns, gold will be even better.

Ed Biskop is a repeat Stock Game leader with a modest 13.3% gain. Jerry Peck won last year with a 122% gain. Gil Livingston is a close second - up 12.6%, followed by Roger Vogel, Kevin Heintz and Bob Parker.

Remember you can buy or sell any Friday. The game ends May 31.

—George Miller



Classic Movie Group

On Monday, May 9, Fred Leydorf will present one of his favorite films, "A New Leaf" (1971), at 1:00PM. In this classic comedy, Walter Matthau plays a desperate and destitute man who plans to marry and then murder a wealthy but bumbling woman, played by Elaine May, in order to inherit her fortune. But things do not work out as expected and there are lots of funny moments throughout the film. Expect a bright clear picture on a new wider screen, excellent sound with subtitles, and great popcorn.

—Fred Hansz



Computer Group

The Computer Group will next meet on Wednesday, May 18 at 9:00AM at the Apple Store in Somerset (north building, first floor). Our speaker will be an Apple Computer representative. Watch for an eBlast notice with speaker identification and a specific subject.

—Tom Allen

Games

Bowling

Our bowling season is over and champions have been declared. The team comprised of John Paesano, Denny Winowiecki, Tony DiMarco and Phil Buccini took all four points in the roll-off and walked off with the championship trophy (figuratively) The valiant second place team included Chuck Ragains, Art Byington, Bob Babcock and Phil Owen.

Bowlers not in the roll-off competed in exciting no-tap bowling (for you non-bowlers, this means if you knock down 9 pins, you get a strike – makes for a lot of strikes and a lot of fun) The combo of Pete Kass and Bob Klein were the high scorers – Pete led the way with a great 276 game and a 688 series – fantastic!

For the year, Phil Buccini had our highest average at 167, as well as high game (248) and high series (676) – no wonder his team won the championship.

Looking forward to next year, we recently picked some sorely needed new bowlers, but will be looking for more. We will continue to practice at Troy Lanes on Wednesday at 10AM. Why not join the fun?

Golf

Great news! The weather has cleared and Thursday Golf at Springdale began on April 14. Twelve hardy senior golfers tested the fresh spring grass to begin the 2016 competition. Springdale will host our Senior Golfers every Thursday from now until the snow falls in November. All Thursday golfers are walk-ons and the price is \$12 per 9 holes. Power carts are available at the Pro Shop.

Monday Golf at Lincoln Hills will commence on April 25. Golfers who have paid the \$224 up front green fees will have their tee times dedicated and firm for the 16 weeks of the contract. Walk-ons will be charged \$15 each. Power carts are available at the Pro Shop.

The annual Grosse Pointe Senior Men's Club vs. Birmingham Senior Men's Club Challenge Match will take place at Lincoln Hills on Tuesday, June 21. It will have a shot gun start with prizes for long drive and long putt. The cost is \$40 per player and includes green fee, cart, coffee, and luncheon. Those wishing to participate should sign up on the Bulletin Board.

Both Monday and Thursday Leagues are looking for new golfers. If you played golf in the past years and wish to golf again but are held back by that old nemesis called Performance Anxiety thinking you will not do well, be laughed at, or in way shamed, Well Forget IT. The competition is not that tough and no senior golfer has a great game every week. Noted psychoanalysts have advised the Committees that once the tee is placed in the ground and the first swing is executed your "real self" takes over and all that Performance Anxiety disappears and never returns. (Unless you return to inactivity). See you all on the links especially you first timers.

HELP WANTED: The Thursday Golf League is in need of a banker. Knowledge of golf is not required. Just need to collect, count, and dispense the Green Fees each week. See Tom Schrift or Chuck Travers to apply.

Hit them long, hit them high, and hit them straight.

—The Committees

Spring Has Sprung

The SMC Walkers are now enjoying outdoor walks in either Shain or Barnum or Booth Parks. You are encouraged to join the "regulars" in walking about one to two miles at your own pace. Walking has been proven to be one of the best ways to keep your body fit as you age.

"Men On The Go" is our motto and we welcome you to join us. For more info - Charlie Blank (bclank56@gmail.com).

Associates Orientation

All Associates are invited to the Associates Orientation.

Date: Friday, May 6, 2016

Time: 9:00AM

A mail reminder will be sent to all Associates.

—John Klein

A Good Laugh

A member recently told his wife he was going to run some errands. His wife replied "Please don't use I-75 –it's very busy and too confusing". Later that AM, she frantically called with this message, "Honey – I hope you are not on I-75, there's one crazy driver out there going the wrong way." He replied "What do you mean one, there are hundreds of them!"

Name That Dude

Once again, identifying a well known member from a high school picture proved to be quite challenging. Only President Gene Jacoby and Jack Corey recognized that this dapper dude is none other than Past President Jack McLaughlin, possibly changed a little over some 60 plus years. Good work Gene and Jack. Of course, Jack admits he had an advantage since they were classmates at Catholic Central, when it was in Detroit.



Photo Directory on the Web

The Photo Directory on the SMC website (www.seniormensclubbirmingham.com) is updated monthly. Some photos are still missing. If yours is one of them, please contact Tom Booth.

The way to check out yourself and your fellow members is to log in to the Members area of the website by entering your email address (that is in the directory) and the password that you use for SMC (probably not your email password). After you click "login" you will see the screen of all the good stuff that is available for members only, including the Member Photo Directory.

Did you know that you can put an icon on your smartphone for the SMC website? Our website works equally well on desktop computers, laptops, and mobile devices. With a smartphone, you can have the Photo Directory (and all of the other information including *The Reminder*) with you at all times. Using an iPhone, you can enlarge and scroll to read the details.

If you have questions about any of this and/or do not have access to the SMC website, feel free to contact Irv Poston at ieposton@juno.com or 248-646-9574 for information about the Photo Directory.

—Irv Poston



Tradition
of
Excellence

seniormensclubbirmingham.com

The biggest
celebration
of our 60 years
is coming!

Special Events

Take Me Out to the Ball Game!

On Wednesday, June 8, we will board the bus for a trip to beautiful Comerica Park to enjoy a baseball battle between our Tigers and the Toronto Blue Jays. Spouses and guests are welcome to join us. Ticket sales will begin on Friday, May 13, and continue through June 3 or until we are sold out - we have only 56 tickets, so be sure to purchase yours early. The ticket price of \$55 includes round trip transportation, admission to the stadium, a hot dog, and a soft drink. If you are still hungry, the concession stands will have a wide range of additional food offerings for sale. We will depart from the First Presbyterian Church, Birmingham at 11:30AM sharp and expect to return by about 5:00PM.

River Cruise

On Wednesday, July 13, 8:30AM, "Anchors Aweigh" as our Senior Men's Club mariners and their mates board a chartered vessel for a scenic voyage on the Detroit River before docking at the stylish Detroit Yacht Club on Belle Isle for an appetizing summer luncheon and appealing program about this local gem. Tickets on sale for \$65 starting June 10.

Ford Rouge Assembly Plant Tour

On Wednesday May 18, the SMC will be making a visit to the Ford Rouge Assembly plant in Dearborn to see the build of the Ford F-150 Truck.

The visit will include the history of the Rouge complex with all the facilities such as shipping docks to support Iron Blast Furnaces, Steel Rolling Mills, Glass Plant, Stamping and Assembly Plants. We will view the world's largest "green roof" and see how this is a large energy saver. We will then watch the build of the F-150 vehicle from an elevated walkway. The route is smooth, friendly, large elevators will be used to view the "green roof" and invalid wheelchairs are readily available if required.

The F-150 has been in production for 48 years and is the highest volume vehicle in America; current build is 16,000 vehicles per week.

Our visit will include motorcoach from Birmingham departing the First Presbyterian Church at 8:15AM, the Rouge Factory Tour and Lunch at the Park Place Inn, Dearborn. Cost is \$50 and tickets are on sale.

—Malcolm Hendy

Reminder Mailing

One of our ongoing efforts has been directed at convincing members with listed email addresses to tell us we can drop them from the mailed *Reminder* list. We point out that dropping postal delivery saves the Club about \$1.00 per copy in printing and mailing expense. Perhaps more importantly, email delivery beats the postman by a week.

April Mailing Count

Year	No.	% change
2010	502	-
2011	410	-18%
2012	362	-12%
2013	311	-14%
2014	258	-17%
2015	231	-10%
2016	205	-11%

Who Received April Mailing

Members with Email	119
Members w/o Email	70
Misc. (Hostesses, etc.)	<u>16</u>
Total	205

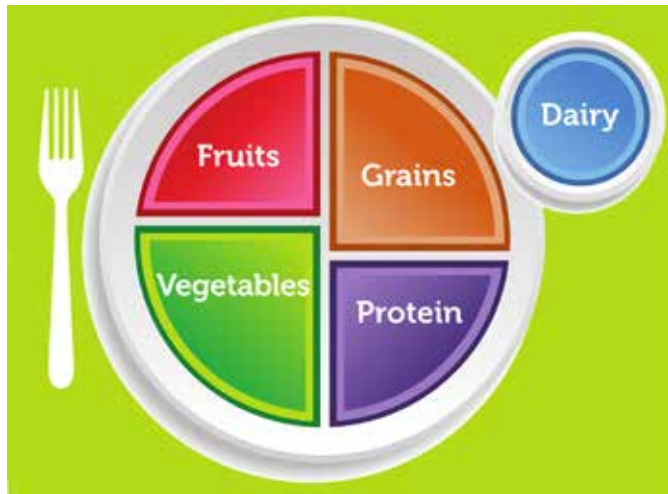
As shown, we have made considerable and steady progress in reducing *Reminder* mailings, down to 205 for the recent April issue. And who are these recipients? - 70 are members who don't have email plus 16 miscellaneous (mainly hostesses). Our target is the 119 members with email addresses - do you really need two copies of *The Reminder*? Why not tell Bob Beach (RCBeacher@gmail.com) that we can drop your mailed copy?

Visitation and Health Committee

Members are reminded that Augie Perrotta serves as Chairman of the club's Visitation and Health Committee.

This committee has the most important and ongoing responsibility of keeping track of and reporting on member health issues. Augie is responsible for receiving and coordinating information on such health issues. Members should be aware of this important responsibility and are encouraged to keep him informed as appropriate.

Monthly chairmen carry out individual visitation responsibilities and make reports at Friday meetings using information supplied by Augie Perrotta. The May chairman is Bob Doll.



Senior Health Matters

The 2015-2020 Dietary Guidelines issued by the U.S. Department of Health and Human Services and Agriculture include 5 key guidelines:

- Follow a healthy eating pattern across the lifespan
- Focus on variety, nutrient density and amount
- Limit calories from added sugars and saturated fats and reduce sodium intake
- Shift to healthier food and beverage choices
- Support healthy eating patterns for all

A healthy eating pattern includes a variety of vegetables (dark green, red, orange); fruits (especially whole fruits); grains (especially whole grains); low fat and fat free dairy; lean meats, poultry, seafood, eggs, legumes (beans, peas), nuts and seeds; oils (especially plant-based) and soy products. Americans should consume less than 10% of calories per day of added sugars, less than 10% of calories per day from saturated fats; less than 2300 mg of sodium per day, lesser alcohol intake and meet recommended physical activity requirements.

—Augustine L. Perrotta, DO

Swarn Rajpal

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speaker recruitment. He also takes pride in having recruited five members of the Indian community to membership in the Club.

Swarn's medical career as a surgeon spans more than 35 years and is highlighted by numerous awards and accomplishments. He currently serves as Medical Director of the Michigan Association of Physicians of Indian Heritage (MAPI Clinic).

He previously served as the Senior Staff Physician for the Henry Ford Health System in Detroit. Swarn joined Metro Medical Group in Detroit in 1974 where he served as Associate Medical Director/Chief of surgery and Physician in Charge.

He was awarded Physician of the Year in 2011 by colleagues for providing outstanding services.

Swarn and his wife Anita live in Troy, Michigan.

—Chuck Ragains

Speakers Needed

Experience tells us that attendance at Friday meetings is almost directly related to the quality and appeal of our principal speakers. In addition, interesting presenters and subjects motivate members to attend Discussion Group programs.

2nd Vice President Dick Bradley has the overall responsibility of planning speaker presentations and Larry Imerman is serving as Discussion Group Chairman. Dick and Larry each have the ongoing support of monthly chairmen, who are most interested in getting member suggestions for Friday speakers and Discussion Group presenters.

We know that the wide range of member interests and activities provide access and ideas as to potential speakers.

Please don't hesitate to contact Dick and Larry with any suggestions you might have.

—Dick Harper

Mystery Lyrics

Last month we mentioned the Andrews Sisters who among other songs, recorded "Boogie Woogie Bugle Boy from Company B". We asked if you could remember their first names – Patty, Maxine and LaVerne – Patty was the blonde.



Only six readers had the answers – Tom and Rosemary Venier, Pete Kass, Donna (Mark) Kelly, Fred Leydorf and Midge (Roger) Gettel got all three names, while Bob Gardner had Patty and LaVerne.

This month we will ask if you remember who in the old Dixieland tune was "thrown out with nothing but a fine-toothed comb".

Sports Trivia

Last month we noted that the Ohio State Marching Band is well known for performing their trademark "Script Ohio" formation, which ends with a senior tuba player dotting the I in OHIO. The question was "which college marching band was the first to perform this formation?"

The answer is the University of Michigan Marching Band – the best in the land. In 1932, Michigan played OSU in Columbus (No, I was not there!) To honor the OSU band, Michigan formed a script Ohio formation and played their fight song "Across the Field".

Lynn Evans and Maynard Timm – real Michigan aficionados – knew this story. Donna (Mark) Kelly and Tom McNally guessed it had to be U of M.

OK – here's another marching band challenge – which marching band sports the world's largest bass drum and features the Golden Girl twirler?

—Dick Harper

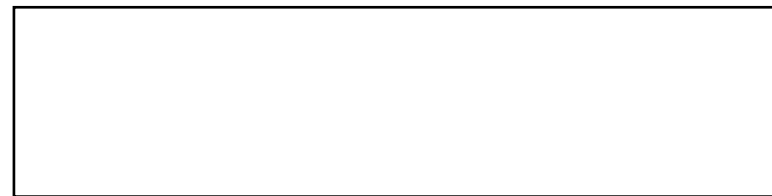
THE REMINDER

A monthly publication of the Senior Men's Club of Birmingham, which meets on Fridays at 10:30AM at The Community House, 380 South Bates Street, Birmingham, Michigan 48009.

Officers for 2016 are: Eugene P. Jacoby, president; Richard A. Kamp, first vice president; Charles R. (Dick) Bradley, second vice president; Timothy S. McGee, recording secretary; Gerald W. Stribbell, corresponding secretary; John P. Groves, treasurer; James A. Bayson, assistant treasurer; Robert I. Hayes and Theodore J. Schuster, officers at large; George A. Grove, parliamentarian.

THE REMINDER includes: Dick Harper, editor; Chuck Ragains, John Flintosh and Maynard Timm, associate editors; Tom Booth, Bill Shaffmaster, and Geno Markel, photography; Lee Trumbull, computer layout; Bob Jordan, mailing.

Senior Men's Club of Birmingham
380 South Bates St., Birmingham, MI 48009
www.tchserves.org



CLUB DATES TO REMEMBER

Executive Board Meeting: Tuesday, May 10, 9:30AM

Reminder Deadline: Friday, May 13

Bowling (practice): Wednesdays at 10:00AM at Troy Lanes

Bridge: Tuesdays at 9:00AM; Fridays after lunch

Golf: Monday Golf at Lincoln Hills

Thursday Golf at Springdale

Special Events

Ford Rouge Assembly Plant: Wednesday, May 18, 8:15AM

Detroit Tigers Baseball: Wednesday, June 8, 11:30AM

River Cruise: Wednesday, July 13, 8:30AM

Group Meetings

Book Reading Group A: Wednesday, May 4, 10:30AM

Classic Movie Group: Monday, May 9, 1:00PM

Camera Group: Tuesday, May 10, 2:00PM

Investment Group: Wednesday, May 11, 2:45PM

Book Reading Group B: Monday, May 16, 3:00PM

Computer Group: Wednesday, May 18, 9:00AM at Somerset Apple Store

All events at The Community House unless otherwise stated.

SMC ON THE WEB:

www.seniormensclubbirmingham.com

www.tchserves.org/outreach-and-clubs/clubs/senior-mens-club-of-birmingham